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Trouper To Make Television Debut



Trouper, the blind raccoon, and his caregiver, Dorothy "Dot" Lee
photo courtesy of Wildlife Education Project

Trouper, the blind raccoon, along with his caregiver, Dorothy "Dot" Lee, will appear in an episode of

Unlikely Animal Friends on Nat Geo WILD on Saturday, May 21 at 8 p.m.

Trouper's friends from the Wildlife Education Project (WEP) will gather to watch his national television debut. The episode highlights the unusual relationship between Trouper and Lee.

While Trouper is a living, 7-year-old raccoon, he is not a pet nor is he wild. What makes him special is that he is a federally licensed and fully vaccinated wildlife ambassador for WEP, an organization that teaches the public and school children to treat wildlife, the environment and all living things with respect.

Unlikely Animal Friends will show Trouper providing educational presentations to children, as well as scenes of his daily life with Lee.

Trouper's story is one of tragedy to triumph. As an eight-week-old kit (baby raccoon), he was beaten in the head by a golf club and needed emergency care. Trouper survived the beating, but the action left him blind, brain damaged and unable to feed or defend himself. He lives with Lee, a wildlife rehabilitator who rescued him as a kit, and now provides him with the 24-hour care he requires. Lee has retrained him to use

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Octifest Coconuts Float Far Before Being Found



Staff members from the Sanibel Sea School holding painted coconuts similar to the ones sold at this year's Octifest on the Beach

by Jeff Lysiak

Back on March 19, people attending the 10th annual Octifest on the Beach fundraiser for the Sanibel Sea School had the opportunity to purchase a hand-painted coconut, numbered and tagged with contact information, which would be set adrift in the waters of the Gulf of Mexico.

And while the first coconut to be reported found would win the person who purchased it an Apple watch, the fundraising exercise would also provide the school and its students an even more valuable prize: knowledge.

"The coconuts' shape acts as a sail... they travel by both winds and currents," said Dr. Bruce Neill, co-founder and executive director of the Sanibel Sea School. "It's quite fascinating (to see where the coconuts will travel), but I don't think that we'll ever solve – in a scientific way – exactly how the currents may have brought the coconuts that far."

Set adrift by boat approximately 15 miles south of Sanibel's Lighthouse Beach on April 4, 103 coconuts were purchased at Octifest and online in the weeks following the March 19 celebration. As of late last week, 10 coconuts have been found. By location:

- Offshore West Palm Beach – April 27
- The Breakers, Palm Beach – April 27
- Delray Beach – May 9
- Hallendale – April 27
- Golden Beach, Aventura – April 26
- Offshore Biscayne National Park – April 30

- Big Pine Key – May 1
- Cook Island – April 27
- Big Munson Island – April 30
- Cudjoe Key – April 27

"We've had the coolest coconut results this year," said Leah Biery, the school's director of communications. "They have never gone around the Keys and up the east coast before. In the past they came right back to Sanibel or headed north up the Gulf Coast."

According to Biery, the winning coconut – which was purchased by the Peek family, longtime Sanibel Sea School supporters – was picked up on the Atlantic side of the Florida Keys. "A few other lucky boaters and beachgoers are starting to find the others as they make their way up the east coast of Florida," she added. "We are very excited to see how far they will go."

Last year, the mayor of Naples found one of the Octifest coconuts washed up on the beach. He wrote about it in his monthly column for *Naples Magazine*. In years past, Coconut Current Study coconuts have been reported landing in Sarasota, Tampa, Deerfield Beach and Keewaydin Island.

"Hello folks! I found one of your coconuts at Bahia Honda State Park this evening," Elaine Sweet-Mason wrote on the Sanibel Sea School's Facebook page on April 29. "I think the number is 284 but it is so faded."

As phone calls come in to the Sanibel Sea School, they are added to an online map of coconut landings so that students

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During a check presentation ceremony held last week at the baseball diamond next to The Sanibel School, representatives of local charities were given \$15,000 on behalf of Islands Night sponsors. The 23rd annual Sam Bailey's Islands Night returns to Hammond Stadium in Fort Myers on June 1.

photo by Jeff Lysiak

Islands Night Beer Challenge

The 23rd annual Sam Bailey's Islands Night, presented by Bailey's General Store, will return to Hammond Stadium at the CenturyLink Sports Complex on Wednesday, June 1 as the Fort Myers Miracle take on the St. Lucie Mets at 7:05 p.m. Pre-game festivities, including the traditional parade around the diamond, begin at 5:30 p.m.

A community tradition that encourages islanders to come together for an enjoyable evening of baseball and camaraderie, Islands Night was created by the late local icon, Sam Bailey. Since there isn't a space big enough on the islands to stage

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Be Dazzled



The group of 103 coconuts, sold during the 10th annual Octifest in March, launched approximately 15 miles offshore of Sanibel

From page 1

Octifest Coconuts

learn more about how gulf currents are flowing this time of year.

"One of our Octifest coconuts was found by some happy campers at Big Pine Key Fishing Lodge and Campground – that's where we camp during Coral Reef Week each year," said Biery, who noted that 65 percent of the coconuts launched last year were found. "What a fun coincidence. They are going to keep the coconut on display so our coral reef explorers will have a chance to see it this summer."

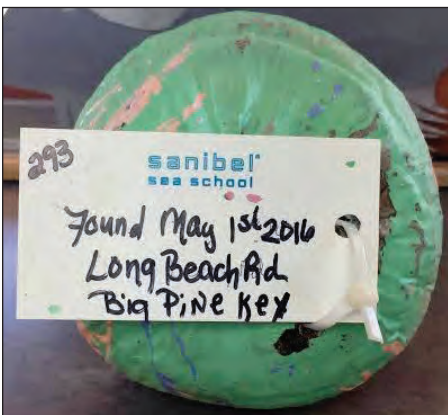
According to Dr. Neill, similar current studies have been conducted for decades. More recently, drift cards – implanted with GPS technology – monitors the movement of the cards as they float from location to location.

"I'm really hoping that during a high tide, some of our coconuts wound up in the mangroves at Big Pine Key," he added. "That way, when our campers are there, maybe one of them will find one."

To view the Sanibel Sea School's Coconut Current Study map, visit www.sanibelseaschool.org/octifest#the-annual-coconut-current-study.



Brooke Linn, Sanibel Sea School's Captiva campus manager, selling coconuts during Octifest
photo by Jeff Lysia



Octifest coconut found on May 1 on a beach in Big Pine Key

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Ben Carson Scholar Awarded



From left, Dr. Ben Carson; Dr. Gregory Adkins, superintendent of Lee County Public Schools; Lilly Doster; Candy Carson; and Bill Frey, representing the Lee County Chapter of the Carson Scholars Fund

Lilly Doster, a fifth grader at The Sanibel School, has been named the 2016 Ben Carson Scholar. The Carson Scholars Program recognizes and rewards students who have excelled in academics and community service. Each newly awarded scholar is given a \$1,000 college scholarship. The annual Carson Scholars luncheon was held on May 7 at the Hyatt Regency at Coconut Point. Scholarship recipients, including Lilly, were honored and congratulated by Dr. Ben Carson along with his wife, Candy. They were each given a medal and certificate recognizing their outstanding achievements.

Three other previous winners from The Sanibel School were recognized at the luncheon: Alayna Aracri, Kenneth Kouril and Caroline Holtz.*

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Motor Club Helps Drive Local Restoration Project



At the check presentation, from left, Randy Carson, Larry Martin, Scot Congress, Holli Martin, Marvin "Rookie" Bradley, Tom Sharbaugh, Mike Stone, Charlie Stone and Joe Salatino

The members of the San Cap Motor Club appreciate a good restoration project, and they share that enthusiasm with attendees who come out to view the rolling art on display at their monthly Saturday morning Cruise-Ins. Recently, club members held their last Cruise-In of the season at Periwinkle Place. They used the occasion to express their support for different type of restoration: the makeover of The Community House. The club presented a check for \$2,000 to the Sanibel Community Association (SCA) for its capital campaign, which is raising money for restoration and renovation of The Community House. The club's contribution represented the proceeds from their sale of a 2002 Cadillac donated by John Fredericks, an honorary member of San Cap Motor Club. In making the presentation, Scot Congress, one of the co-founders of the club, said, "We are pleased to support The Community House and look forward to holding future San Cap Motor Club events at the House following the renovation work."

The San Cap Motor Club was founded in 2014 by Congress and Mike Stone, and it has grown to more than 40 members from all over Sanibel and Captiva. The club focuses on a broad range of vehicles including antiques, classics, muscle cars and exotics. "We have had great attendance at our monthly Cruise-Ins this season, and we want to thank the community for their support and love of cars from all eras," added Congress. SCA held a groundbreaking ceremony on May 9 for The Community House renovation work. The group hopes to reopen the completed facility in November of this year. "We are thrilled that so many of our fellow islanders have stepped forward already to support the renovation project," said SCA Executive Director Teresa Riska-Hall. "It demonstrates just how much this community values The Community House and the role it serves. With a bit more effort, we expect to reach our goal for the campaign in the months ahead."✧

Getting Prepared For Hurricane Season

The official start of hurricane season is fast approaching, and the FISH of SanCap Hurricane Committee is actively reaching out to the community in hopes of identifying those who need resources during the hurricane season. FISH provides a detailed information packet and, if desired, a home visit from one of our volunteers to assist with paperwork and answer questions. The program is a collaborative effort between FISH, City of Sanibel officials and emergency management teams to assist with the safety of our neighbors. This program

is not only valuable to our residents, but also to their families. After gathering information from households, which includes emergency contacts, evacuation plans and medical needs, FISH shares with the Sanibel Police Department, Sanibel and Captiva fire departments, Lee County Sheriff's Office, Community Housing & Resources, Lee County Emergency Management, Lee County Shelter and Special Needs, and out-of-state family members. Should a storm approach, committee members will gather at FISH to reach out to those on the list and confirm their emergency plans. To receive information included in the Hurricane Preparedness Program, contact Maggie Goldsmith at the FISH Walk-In Center at 472-4775 or visit www.fishofsancap.org.✧



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CECI Hosts Lunch For Mother's Day



Kate and Kaia Keating had a quick snuggle during lunch



Muffins and gifts were made from the heart

The Children's Education Center of the Islands celebrated Mother's Day in advance by making muffins to share with their moms during a luncheon held on May 6. Every class also made a gift that children could give to their moms.✧



It was a full house in the classroom, with lots of laughter shared by mothers and their kids

From page 1

Trouper Debut

his motor skills and describes Trouper as "rehabilitation in progress." Ironically, Lee is also legally blind.

Trouper's story inspired the founding of WEP. To learn more about the nonprofit and Trouper, visit wildlifeeducationproject.org, trouperraccoon.com and [facebook.com/Wildlifeeducationproject](https://www.facebook.com/Wildlifeeducationproject).✧



The cast of *Beauty and the Beast Jr.*

Disney Musical Comes To Sanibel School Stage

Sanibel School students will perform the Disney musical *Beauty and the Beast Jr.* in the school cafeteria at 7 p.m. Thursday and Friday, May 26 and 27 and June 2 and 3. There are 34 students in grades 6 to 8 in the cast and crew.

Disney's *Beauty and the Beast Jr.* tells the story of Belle, an adventurous young girl, and the Beast, her hideous captor who is actually a young prince trapped under a spell. In order to break the spell, the Beast must learn to love another and earn her love in return – before time runs out. With the help of the castle's enchanted staff, including a loving teapot, a charming candelabra and a nervous mantel clock, Belle and the Beast find a beautiful friendship and love that neither knew was possible. *Beauty and the Beast Jr.* features classic songs from the Academy Award-winning film score such as *Be Our Guest* and *Belle*, as well as original songs from the 1994 Tony-nominated Broadway musical.

Joey Giangreco is director of the show. Lauren Robinson is assistant director. Tickets are \$8 for adults and \$5 for students. Call 472-1617.

The Sanibel School is located at 3840 Sanibel-Captiva Road.✧

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Law School Graduate



Ashley Leane Suarez

Ashley Leane Suarez, the daughter of Ken and LeAne Suarez, received her juris doctor from Naples-based Ave Maria School of Law. Suarez graduates as both senior and notes editor on the *Ave Maria Law Review*, and her student note, "The Great Mash-Up Debate: A Holistic Approach to Controlling Noise Pollution in Florida's Downtown Districts," will be published in Volume 14 of the *Ave Maria Law Review*. Suarez completed her undergraduate studies at Florida State University, with a double major in business management and political science. She is scheduled to take the Florida Bar Exam this July and

has secured a position at the Zampogna Law Firm upon her admittance to the Florida Bar.✧

CARD OF THANKS

San-Cap Lions Thank Supporters

The Sanibel-Captiva Lions Club would like to thank island residents and businesses that have supported the club's fundraising activities this year. Contributions are headed to FISH of SanCap, a charity that distributes food, money and hope; Lighthouse of Southwest Florida, providing rehabilitation and support to the visually impaired and blind in Lee, Hendry and Glades counties; WGPU Radio Reading Service, bringing printed materials to the blind, physically impaired and print-handicapped; Islands Nights; LARC, helping those with developmental disabilities live and work in their community; Trailways Camp (Robert V. & Benjamin G. Miller Fund), a program for adults with special needs; Sanibel Community House Reconstruction Fund; Conklin Center for the Blind; Southeastern Guide Dogs, matching canines with the visually impaired; Florida Lions Foundation for the Blind, providing sight care surgery to the needy; and the Francis Bailey Scholarship Fund, given to two young Sanibel residents or those who have strong ties to the island.✧

Couple Honored As COTI Citizens Of The Year

The Committee of the Islands named Linda and Tom Uhler its Citizens of the Year, honoring the couple for their achievements and service to the island community. In its 41-year history, this is the first time COTI has awarded the distinction to a couple. Residents of Sanibel Island since 1977, the Uhlers have an extensive record of community involvement and volunteerism, both individually and jointly. The Uhlers chaired BRAVO! Ballet, a fundraiser for Gulfshore Ballet in Fort Myers, and the 2004 American Heart Association Lee County Heart Ball. In 2005, they co-chaired the Heart Ball with two other couples. Both Linda and Tom Uhler have chaired the board of directors and annual campaigns for United Way of Lee, Hendry, Glades and Okeechobee Counties – she in 1993 and he in 2011. They continue their involvement in the Sanibel-Captiva United Way campaign and have developed fundraisers for several organizations, including Sanibel-Captiva Conservation Foundation's Wines in the Wild. Linda Uhler chairs the Sanibel Public Library Commission and launched the Lunch with the Author annual fundraiser. She served two terms on the board of trustees, three years as president with the Sanibel-Captiva Conservation Foundation and served as president of both the Junior League of Fort Myers and Zonta Club of Sanibel-Captiva, chairing the club's inaugural Peak at The Unique fundraiser 16 years ago. Linda volunteers with the Reading Pals program at Gladiolus Learning and Development Center, a United Way agency. Tom Uhler is a member and past president of the Sanibel-Captiva Kiwanis Club, president of the Sanibel Captiva Orchid Society and a founder and member of the BIG ARTS Concert Band. In addition, he is a trustee and president of the Southwest Florida Symphony Orchestra, treasurer of the Florida Cancer Specialists Foundation and an Eagle Scout and life member of the National Eagle Scout Association. Tom has served on the United Way board since 2001 and chairs its allocations process. A 40-year veteran of the financial services profession, he is a founding principal with Uhler and Vertich Financial Planners and advises several not-for-profit organizations on endowments and other financial concerns. COTI was founded in 1975 by individuals who helped incorporate Sanibel as an independent, self-governing city to ensure the continuity of good local government, protect the environment and preserve the sanctuary character of the barrier island community.✧

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, May 20, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Whether animals are sick, injured or

orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Monday, May 23, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by CROW a student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Tuesday, May 24, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff. Raptors are birds that prey on other

animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida.

Wednesday, May 25, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process.

Thursday, May 26, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

Friday, May 27, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

Friday, May 27, 2 to 3:30 p.m., \$20 per person, advanced registration required – Wildlife Walk with Rehabilitators and Staff. Walks are approximately 1.5 hours and include a presentation, guided tour and photo opportunity with an animal ambassador. Not recommended for children under the age of 13.✱



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City Of Sanibel Has New Intern



Kelsey Congress

by Jeff Lysiak

Although she already knows which direction she would like her career to go, Kelsey Congress is spending her summer taking advantage of another opportunity: to see what else she can accomplish in a professional environment.

On May 2, the 19-year-old island resident joined the staff of the City of Sanibel as an administrative intern.

"I'm doing a lot of different things," said Congress, the daughter of Melanie and Doug Congress, the former vice mayor and councilman. "My dad talked with some of the people who had completed their internship with the city and they all had good experiences. He suggested that I try it out. It's a great way to make some money and stay productive during the summer."

A former student at The Sanibel School and a graduate of Fort Myers High School, Congress recently completed her freshman year at the University of Florida. She is majoring in nursing.

"I think once I'm out of school, I'd like to spend my first year as a certified registered nurse," said Congress. "I'd like to work in a hospital out of state and eventually become an RN specializing in neo-natal care or pediatric oncology."

Previously, Congress volunteered at HealthPark in South Fort Myers, working in the cardiac care unit and neo-natal intensive care unit (NICU).

"My paternal brother (Josh) and I were in the NICU for two months after we were born, and luckily we didn't have any complications," she said, explaining her interest in the field. "Both of my parents majored in accounting when they were in college; my mom is a CPA and my dad owns his own company. But I've known what I wanted to do for a long time."

Currently, Congress is enjoying her internship with the city. In her first two weeks on the job, she has been responsible for surveying people who use the Sanibel shared use path system to determine if they stop at all marked crossings, working on a public education campaign for nesting sea turtles, and assisting with the Longboat Key broadband installation project.

"It's been great working in such a professional environment, even though it's not my major," she added. "I've been shadowing (city manager) Judie Zimomra, seeing what she does and what it takes to run a city. Everybody

here has treated me very well, with a lot of respect. I'm only 19, but they make me feel like I'm a regular city employee."

Congress' internship runs through July 29.✱

Rec Center To Close For Repairs

The Sanibel Recreation Center will be closed from Saturday, June 11 to Sunday, June 19 in order to complete numerous maintenance projects. The facility will reopen Monday, June 20.

Some of the improvements will include resurfacing the floors, deep cleaning and painting of facility, resealing of parking lot, emergency generator test, resealing of restroom tile and equipment preventative maintenance. All of the major projects have been scheduled during this time in an effort to minimize the inconvenience to patrons as many of the projects are odiferous and disruptive.

The Youth Summer Day Camp Program will begin on Monday, June 20.

The Center 4 Life at 2401 Library Way offers fitness classes throughout the week that are included for Sanibel Recreation Center members. The cost is \$7 for non-members.

In addition, the City of Sanibel has announced that beach parking permits will be available for purchase at the Center 4 Life on Monday, June 13 through Friday, June 17 from 8 a.m. to 3 p.m.

When applying for a beach parking

permit, remember to bring a valid vehicle registration for each vehicle and a valid state-issued identification or driver's license. Payment may be made via cash, check, MasterCard or Visa.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.✱

Applications For Advisory Position

The Sanibel City Council is now accepting applications for the General Employee Pension Board of Trustees.

The Board meets quarterly at City Hall at 800 Dunlop Road on the second Wednesday of February, May, August and November at 10 a.m. The deadline for submission is Friday, June 10 at noon.

Any resident wishing to apply must fill out a City Council Advisory Committee Application form available at City Hall. An application can also be downloaded at www.mysanibel.com by clicking 'departments' and 'city clerk'.✱

Free Hurricane Seminar

The City of Sanibel will sponsor the 2016 Hurricane Seminar at BIG ARTS Center, 900 Dunlop Road, on Friday, May 27 from 1 to 3 p.m. Reservations are not required.

The free seminar will educate residents, property owners, business owners and island workers on topics such as 2016 hurricane predictions, family hurricane planning, using social media in emergencies and City of Sanibel building codes.

Sanibel hurricane re-entry permits will be available for residents and businesses. For requirements, visit the Hurricane Re-entry Pass Program on the city's website, mysanibel.com. Older passes are no longer valid.

Featured speakers include: Dave Roberts, city weather consultant, who will discuss hurricane formation, different categories of hurricanes and the dangers of storm surge; Jim Bjostad, Lee County Emergency Management program manager, who will review the county's responsibilities and hurricane planning for families; Sandra Tapfumaneyi, Lee County Emergency Management operations section chief, who will discuss social media; Maggie Goldsmith, with FISH of SanCap, who will speak on special needs issues; and Harold Law, City of Sanibel Building official, who will review building codes.

Lt. William Dalton, Sanibel Police Department and City of Sanibel Emergency Management director, as well as Sanibel Chief of Police William Tomlinson will be on hand to answer questions.

For information, call Emergency Management Specialist Lance Henninger at 472-3111 ext. 234.✱



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Lorin Arundel

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Anne Mitchell
Jeff Lysiak

Contributing Writers

Kimberley Berisford
Kay Casperson
Constance Clancy, ED.D.
Suzy Cohen
Linda Coin
Marcia Feeney
Ed Frank
Jim George
Shelley Greggs
Marion Hauser, MS, RD
Ross Hauser, MD
Bryan Hayes
Craig R. Hersch
Tanya Hochschild
Shirley Jewell
Audrey Krienen
Dr. Jose H. Leal, Ph.D.
Capt. Matt Mitchell
Gerri Reaves Ph.D.
Angela Larson Roehl
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Di Saggau
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ANNIVERSARY



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I'm one lucky girl... Happy 27th anniversary May 20th!*

Sunday Seminar On Honoring The Dead

The Summer Sunday Seminar Series at Sanibel Congregational United Church of Christ continues on May 29 with a program entitled Honoring The Dead. In this class, the Rev. Dr. John H. Danner will explore the various ways cultures through the centuries have paid tribute to the dead, especially those killed in war.

The series will continue throughout the summer and into the fall with a wide variety of fascinating programs. All are held in Heron Hall, located on the church's lower level, at 9 a.m. The church currently offers a 7:45 chapel service and a 10 a.m. full service.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call the church office at 472-0497 or visit www.sanibelucc.org.

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Church Hosts Dinner Meeting For Guild Of Organists



Minister of Music Hank Glass, left, with guest speaker Mark Schweizer



The Girls' Choir of Grace Lutheran Church, Naples, directed by Jonathon Birner, performed St. James Press anthems during Mark Schweizer's presentation

On Friday, May 13, St. Michael and All Angels Episcopal Church hosted the annual dinner meeting of the American Guild of Organists' Southwest Florida Chapter. Approximately 40 church organists from a region encompassing the western half of the state from Port Charlotte to Naples attended the meeting that was organized by St. Michael's Minister of Music Hank Glass.

Ric Jaeggi, organist at Peace Lutheran Church in Fort Myers and the chapter's outgoing dean, led the meeting, which included an installation of officers for the coming year. Glass was re-elected as the chapter's secretary.

The meeting featured a workshop by Mark Schweizer, president and editor of St. James Press, one of the finest publishers of church anthems in the country. Schweizer, a composer of sacred choral music, as well as an author and bass-baritone singer, presented a wide array of sacred anthems suitable for amateur choristers. The workshop also featured a sampling of St. James Press anthems performed by the Girls' Choir of Grace Lutheran Church, Naples, under the direction of Jonathon Birner.

Glass said that hosting the meeting was a pleasure. "The caliber of organists in this chapter is high. They are all consummate professionals who work hard and train hard," Glass said. "We take our mission seriously and support one another as we work toward the same goals."

Jaeggi offered his thanks to St. Michael's for hosting the meeting. "Our annual dinners are like going to summer camp. The meeting's workshop was very informative," Jaeggi said. "It will help all of us, as we move forward with the music ministries in our own churches."

Attendee David Hamblin, organist for Boca Grande's United Methodist Church, echoed Jaeggi's comments, saying, "It was a wonderful opportunity to share philosophies and renew old acquaintances."

To inquire about music at St. Michael's, contact Minister of Music Hank Glass or Rector Ellen Sloan at St. Michael and All Angels Episcopal Church, 2304 Periwinkle Way, 472-2173 or saintmichaels-sanibel.org.*

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WEDDING ANNOUNCEMENT



Whitney Wolanin and Jack Michael Timothy Sheahan

photo courtesy of TopNotch Entertainment Corp.

Pop recording artist Whitney Margaret Wolanin, daughter of Illona M. Wolanin and Vincent M. Wolanin of Sanibel Island, was married May 14 to Jack Michael Timothy Sheahan, the son of Louise Gorrell and Michael J. Sheahan of London, England. Fr. Burke, a Roman Catholic priest, performed the ceremony at St. Mary's Church in Albany, New York.

Whitney, who graduated magna cum laude from Vanderbilt University, is finishing up her next album to be released shortly. Jack, who received a masters from The University of Cambridge (Girton College), a first class BA from The University of Warwick, and also attended Vanderbilt University on a study abroad where the couple met, is an avid writer working on scripts for a television series with his new wife.*

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From left, volunteer Lisa Johnsey, Ken Colter, Ranger Jeff Combs, "Ding" Darling Wildlife Society Emeritus board member Susan Cassell, "Ding" Darling Wildlife Society Intern Carrie Alexander and Ranger Toni Westland

Refuge Receives Mounted Coyote

Staff and volunteers from the JN "Ding" Darling National Wildlife Refuge and "Ding" Darling Wildlife Society-Friends of the Refuge recently accepted a mounted coyote as a gift from Ken Colter, a representative of American Gallery Homes.

"I did not want to turn down such a

well-executed mount," said Supervisory Refuge Ranger Toni Westland. "I see it as an excellent teaching tool about native and invasive species. Even with limited space in the Education & Visitor Center, we will find room to have it used for special educational programs. It will also assist island biology teams who are studying the impact this species has on island wildlife and resources. A big thanks to Ken, who requested it be used for educational purposes."✱✱

Students Learn About Owls



Refuge intern Mr. Jack showed the children the difference between a hawk's wing, which makes noise when it flies, and an owl's wing, which is silent

Last week, students from the Children's Education Center of the Islands welcomed intern Mr. Jack from the JN "Ding" Darling National



Ernesto Del Valle tests the vision goggles to see how an owl would see



Kayla Cavanagh feels how sharp an owl's talons are as Mr. Jack gently touches them to her hand

Wildlife Refuge, who visited the school to teach them about the different owls found on Sanibel.✱



Olivia Rondina touches the great horned owl on display

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Television Series Filmed At Sea School

Filmmakers recently visited Sanibel Sea School to film a series of episodes for an upcoming PBS KIDS television show, *SPLASH*.

SisBro Studios, under contract with the Jim Henson Company and Herschend Enterprises, has developed an animated series for kids ages 4-7 that dives into marine biology and ocean science, focusing on social-emotional skills and understanding the interconnection between all creatures.

Sanibel Sea School students will appear in a number of the show's 40 episodes.

"Oceans cover the majority of the Earth's surface, but there is a profound lack of educational media for young children that explores the science of the fascinating world under the sea," said Lesli Rotenberg, general manager of Children's Media for PBS. "*SPLASH* will introduce kids to the wonders of marine biology, building science skills and fostering an appreciation for the biodiversity that lives in our oceans."

The show follows the adventures of a yellow, fusilier fish that has migrated all over the oceans before settling down with his family in Reeftown. There, he teaches his fellow residents about what exists beyond the cozy confines of their coral walls. Together, *Splash* and his friends explore the world's oceans, meeting diverse marine animals and discovering undersea habitats, then sharing these discoveries with their neighbors.

"*SPLASH* creators' objectives are very well aligned with our mission at Sanibel Sea School – to improve the ocean's future, one person at a time," said Dr. Bruce Neill, the organization's executive director. "In an ideal world,



A life-size whale shark sand sculpture built by Sanibel Sea School students for the PBS KIDS series *SPLASH*



Filmmakers from SisBro Studios visited Sanibel Sea School to film a new television series

every child would have the opportunity to explore the ocean in person, but that's not realistic, so television programs like this are an excellent way to reach and inspire kids who are far from the sea."

During filming on Sanibel, students from The Heights Foundation, a Sanibel Sea School partner, shared

their impressions of seeing the Gulf of Mexico from a new perspective. Kids also participated in a reusable bag giveaway at Bailey's General Store, a beach cleanup and constructing a life-sized whale shark sand sculpture near Lighthouse Beach.

To learn more, visit sanibelseaschool.org or call 472-8585.✱

Shell Found



Kathy Barlett, Marilyn Nolte and Buddy

Kathy Barlett and Marilyn Nolte and her dog, Buddy, BFF's on vacation from Pennsylvania, pictured with the Alphabet cone Barlett found on the beach near the Signal Inn.✱

American Legion Post 123

On Sunday, May 22, American Legion Post 123 will serve barbecued ribs and chicken from 1 to 8 p.m. Cost is \$12 to \$14. On the following Sunday, May 29, the 8th annual Redneck O'Limp'ics opening ceremony begins at noon. There will be live music, cornhole, watermelon bowling and other activities.

Monday nights feature 9-ball and 3-ball tournaments at 5 p.m. Players are welcome.

Every Tuesday, tacos are served all day and, on Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

Flag Day is June 14 and if you have an American flag that needs to be retired, drop it off at your convenience.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✱

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Business Owner Sponsors Shell Museum Tour



Fran Peters, center, owner of Island Vacations of Sanibel & Captiva, with her Adopt-A-Class from Gulf Elementary in Cape Coral

Fourth graders from Gulf Elementary in Cape Coral recently spent a morning at the Bailey-Matthews National Shell Museum, courtesy of Adopt-A-Class sponsor Fran Peters, owner of Island Vacations.

More than 40 students were given a personal tour. Marine biologist Stephanie Wolf provided an opportunity to handle mollusks in the museum's touch tanks. Peters, also a museum business sponsor, helped Wolf show students how to properly hold shells.

"I've been shelling since I was a little girl," Peters said. "By being an Adopt-A-Class sponsor, I hope to share that love with others, and increase children's knowledge and appreciation for life in the ocean."

Students also toured the exhibit hall, led by Paul Gulbrandsen, shell museum development associate, and museum volunteers provided hands-on projects for the youngsters to take home.

"This was a very well-behaved group," said Gulbrandsen. "They thoroughly enjoyed the experience, and we want to thank Fran Peters of Island Vacations for her generous support this year."✱



Fran Peters and students interact at the museum's touch tank

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CROW Case Of The Week:

Eastern Indigo Snake



by Bob Petcher

The eastern indigo snake (*Drymarchon couperi*), which averages six to seven feet in length, is noted as being the longest native snake species in the U.S. But, due to habitat loss, the blueish-

black snake is listed as a federally threatened species in Georgia and Florida.

Some people confuse the non-venomous indigo as a black racer due to its similar color, but the former is generally larger, more intimidating due to its size and – these days – less abundant in popular areas.

That wasn't always the case. Prior to the late 1980s, eastern indigo snakes were more plentiful on the islands. According to Sanibel-Captiva Conservation Foundation Wildlife Habitat Management Director Chris Lechowicz, who is involved in the Pine Island Sound Eastern Indigo Snake Project, the demise of the winter-breeding indigos is contributed to their being run over by vehicles on roads while actively searching for mates during peak seasonal traffic times. Habitat degradation and pet trade collection are other reasons that have contributed to

their threatened status.

SCCF records indicated the last known indigo snake living on the islands was hit by a bicycle on the Indigo Trail (a trail named after the indigo snake) at the JN "Ding" Darling National Wildlife Refuge in February 1999. That snake died at CROW shortly after. SCCF officials tried surveys, trapping protocols and educational programs that sought verification and documentation of remaining snakes from island residents, but those measures failed.

These days, eastern indigo snakes are found locally in mostly less dense areas, like North Captiva, Cayo Costa and parts of Pine Island. Tagging is performed to determine a population estimate and to document movements at those locations.

A young eastern indigo snake, an offspring of the Pine Island Sound Eastern Indigo Snake Project, is now on exhibit at CROW. SCCF hatched a group of babies from that species last July. CROW received a female from that litter in April, and she is now a permanent resident at the clinic.

CROW Education Coordinator Rachel Rainbolt stated the captive-bred snake will help "promote conservation through education." Partnerships like the one between SCCF and CROW aid in this effort.

"The eastern indigo snake has been a federal- and state-listed species since 1978, so this partnership will assist with the species' preservation," she said.

The juvenile experienced her first skin shedding at CROW last Wednesday.



The eastern indigo snake is now a permanent resident in CROW's Visitor Education Center

Rainbolt said younger snakes shed more frequently than adult snakes due to growth rate. It is a process where new scales grow beneath older outer scales called ecdysis.

"Because of its growth potential of around eight feet, the eastern indigo snake may shed every couple of months until it becomes an adult. At that time, it may only shed a couple times a year," she added. "Good husbandry and veterinary care will ensure that this beautiful girl will grow up big and strong in CROW's

Visitor Education Center. After acclimating to her new home with us here at CROW, the eastern indigo snake will be utilized in presentations onsite as well as out in the community during events."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Conservation 20/20 Seeks Nature Guides

Conservation 20/20 officials are seeking volunteers to lead nature walks at Lee County preserves. These popular free walks are hosted on Saturday mornings at preserve locations throughout Lee County.

"Interest in our guided nature walks continues to increase," said Jason Boeckman, coordinator for Conservation 20/20. "We are planning to expand these nature walks for Lee County residents and visitors to include additional preserves."

Training will be provided to all volunteers interested to lead a nature walk. Nature walks are 90 minutes and guide participants on a marked trail system through a variety of Florida natural habitats. Guides identify and discuss the various natural features, wildlife and plant life at each preserve. Each walk is attended by approximately 10 to 15 people.

Conservation 20/20 preserves provide critical habitat to support wildlife, water quality and opportunities for recreation. During the recent 2015-2016 winter season, more than 200 Lee County residents and visitors attended guided nature walks at Conservation 20/20 preserves.

To learn more about volunteering with Conservation 20/20, contact Boeckman at 204-1125, or email jBoeckman@Leegov.com. To learn more about Conservation 20/20, visit www.Conservation2020.org.



Hikers explore Powell Creek Preserve on a Conservation 20/20 guided walk photo courtesy of Conservation 2020

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Tarpon Showed Up Everywhere



by Capt. Matt Mitchell

Conditions for tarpon fishing got right really quickly this week after a late cold front shut it down the previous week. Calm warm water and light winds

made locating rolling tarpon relatively easy both in the sound and out along the beaches. On most trips, my clients had a few hook-ups although we did have a few days that, no matter what we did, they would just not take a bait. Tarpon fishing can be so frustrating at times, to say the least. When tarpon do decide to eat though, it quickly makes you forget about the frustrating days.

Fishing with clients Traci and Steve Tietze from Texas, we had the best tarpon action all week. We were lucky enough to jump five in just a few hours and watched rolling and free jumping

tarpon the entire time we were out. Baits of choice that day were live crabs and cut fresh mullet. Returning back to this same location on the following day, the tarpon were still there but just would not eat. Sitting in a pack of 20-plus spread out boats and tarpon all around us, there was not a single hook-up. What could be so different from just the day before when these fish ate? We will never know. Seems the more I tarpon fish, the less I know.

Tarpon fishing is my favorite type of fishing and the fact that it can be a emotional roller coaster is a big reason why. The adrenaline rush of getting that bite and the first few explosive moments that follow just cannot be matched in any other type of fishing. Like any other big game angling or hunting, as a guide, you're basically rolling the dice every day, which is certainly



Steve Tietze's bucket list fish caught this week

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

part of the thrill. You can take your clients to the fish and do everything just right and yet some days they just don't bite. Then on other days, it happens so easily.

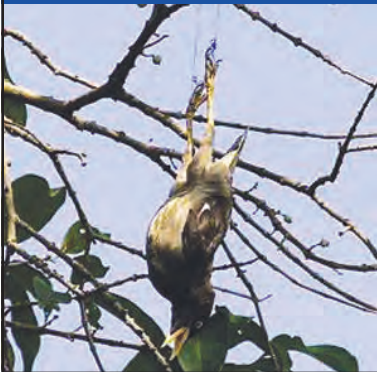
When I take clients tarpon fishing, I thrive on that daily pressure and fully know going in that either I'm going to be a superstar or a loser when the trip is done, with no real middle ground. It

can be such a fine line with sometimes one bite making or breaking the trip. Over the years I have chilled out and learned that all I can do as a guide is put my clients in the tarpon with the right bait, presentation and equipment, then it's out of my hands. No matter what I do, it's still up to the fish if they decide to eat or not. The locations, scenery and watching tarpon behavior is a huge part of the experience but, when it comes right down to it, every one of my clients wants that chance at doing battle with a tarpon.

If the day ever comes that I don't get excited and feel my heart almost beat out of my chest when we do get that tarpon bite, that's when I find another job. The good days tarpon fishing more than make up for the few bad days. After all, if you don't get out and try, you have zero chance at that crazy rush that just cannot be matched.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.*

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Shells Found



Taylor and Betsy Hay

From *Island Sun* reader Taylor Hay: “I found a junonia on Easter morning and you ran my photo in the paper a week or so after. Unbelievably, my wife Betsy Hay ended up finding a junonia a few weeks later. We have told many people about our incredible luck (a married couple finding junonias just weeks apart).” Betsy found her junonia between Beach Access #4 and #5 on the West Gulf Drive Beach; Taylor found his junonia just north of Beach Access #7. ✨



Representatives of the Sanibel-Captiva Power Squadron with members of the U.S. Coast Guard Station in Fort Myers

National Safe Boating Week

The Sanibel-Captiva Sail and Power Squadron, along with the U.S. Coast Guard Station in Fort Myers, joined Sanibel City Council in proclaiming May 21 to 27 as National Safe Boating Week. Mayor Kevin Ruane read the proclamation at the council’s May 3 meeting. The local squadron works toward improving safety in several ways, according to Steve Abbott, commander of the Sanibel-Captiva Power Squadron. Free vessel safety checks are

available to all local boaters. Members provide data to NOAA to update nautical charts and identify marine markers in need of repair. A course leading to a Florida boating certificate is offered. Squadron members teach an eight-week safe boating class to sixth-graders at The Sanibel School. Also, the San-Cap Power Squadron now has a free life jacket loaner program, located at the Sanibel Fire and Rescue District Station #1 on Palm Ridge Road, made possible by a grant from the Sea Tow Foundation. For more information on joining the San-Cap Power Squadron, call membership recruitment chair JoAnn Heroy-Giller at 850-1051.✨



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Sand vetch pods dangle almost unnoticed in this ornamental grass. Note the small pairs of leaflets.
photos by Gerri Reaves

Plant Smart

Sand Vetch

by Gerri Reaves

Sand vetch (*Vicia acutifolia*) is a native perennial vine and member of the pea family. Also called fourleaf vetch and blue vetch, it grows virtually all over the state, but the foliage and pretty flowers are so small that it's easy to overlook. It doesn't like the hottest weather, so you'll find only a few flowers hanging on as summer approaches. It will disappear only to re-sprout from the seeds when the weather cools off.

Some people consider sand vetch a weed, but if it shows up in the yard, you might want to let it stay, since it's the host plant for the barred yellow (aka barred sulphur) butterfly (*Eurema daira*).

This hardy vine can turn up about anywhere, but in the wild it grows in

hammocks, pondside and in wet woods, swamps, marshes and prairies.

One-sided racemes of bluish white flowers dangle along the stem like a series of tiny bells. Each irregular flower measures less than three-eighths of an inch long and one-fourth of an inch wide.

The standard or banner, an upper wider petal, has a purple tip. There are two wings, or lateral petals, as well as two lower petals that are fused and ridged to form a keel.

The pinnate leaves are composed of one to three pairs of hairy leaflets. Acutifolia, meaning acute, refers to the leaflets' pointed tips. Each leaflet is small and narrow – only about an inch long and one-sixteenth of an inch wide.

This fast-growing vine has a delicate appearance, with its slender smooth stems and tiny leaves and flowers. However, it is very tenacious, using tendrils to climb or sprawl, often among other plants.

The springy tendrils, or twining appendages, resemble those of native corkystem passionflower (*Passiflora suberosa*), are actually modified leaflets.

The pods, which look a bit like miniature snow peas, contain tiny black round peas that are edible if cooked, but can be harmful if eaten raw.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wildflowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, nsis.org, regionalconservation.org, and whatfloridanativeplantisbloomingtoday.wordpress.com.

Plant Smart explores the diverse flora of South Florida.✱



A tiny flower bud (center) lingers on the vine

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Shell Of The Week

Matthews Wentletrap



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

Matthews wentletrap, *Epitonium matthewsae*, 1952, was named

in 1952 by Museum of Comparative Zoology's (Harvard University) curators Drs. William Clench and Ruth Turner to honor Sanibel's one and only Charlotta Matthews, a member of that family of Sanibel pioneers and founders of the Island Inn. The Matthews wentletrap was first named as a subspecies of *Epitonium multistriatum* (Say, 1826), and later shown to be a separate entity from that western Atlantic species. The Matthews wentletrap has an elegant shell, with narrow spire angle, and a delicate sculpture of thin ribs crossed by many, fine spiral lines, or striae. Learn more about local mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily



Matthews Wentletrap, *Epitonium matthewsae* photos by José H. Leal

from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts continuously throughout each day.

Tank Talks continuously throughout each day: Gain great insights into the fascinating world of local mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check shellmuseum.org to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell Bingo.

Wednesday at 1:30: Mollusk Matinéés – A series of nature-related lectures

presented by local experts. (Please check shellmuseum.org for weekly topics.)

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell Bingo. The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Free Summer Programs At 'Ding'



Guided hikes along Indigo Trail to the Wildlife Education Boardwalk teach families about refuge wildlife and its habitat

Wildlife Wonders talks, weekly walks and nature crafts highlight the free summer programming to be offered June 19 through August 6 at JN "Ding" Darling National Wildlife Refuge on Sanibel.

Summer programming is made possible by support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

The schedule of weekly activities follows. No pre-registration is necessary.

- Reading at the Refuge, every Wednesday at 10 a.m.: Attendees of each 45-minute reading-and-crafts session learn about a refuge animal and make a take-home craft related to it. Meet in the Visitor & Education Center Classroom.

- Indigo Trail Hike, every Thursday at 10 a.m.: Refuge naturalists will lead a one-hour tour to the Wildlife Education Boardwalk to identify and discuss the ecosystem's plants, mammals, birds and reptiles. This hike is fun for adults and children. Bring water, sunscreen and bug spray. Meet at the flagpole in front of the Visitor & Education Center.

- Family Beach Walk, every Friday at 9 a.m.: The one-hour program convenes at Gulfside City Park to explore the refuge's gulf-front Perry Tract. City parking fees apply. Bring water, sunscreen and bug spray.

- Wildlife Wonders, every other Saturday at 11 a.m.: Refuge education staff lead this indoor program about the mysteries of manatees, alligators, crocodiles and birds in the Visitor & Education Center auditorium.

For more information on the refuge summer programs, call 472-1100 ext.236 or visit www.dingdarlingsociety.org/summer-programming.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Miller at 292-0566 or director@dingdarlingsociety.org.



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Beachgoers Be Wary Of Nesting Snowy Plovers

by Jeff Lysick

During the spring and summer months, snowy plovers – along with other shore/sea birds – nest, rest and seek shelter on the beaches of Sanibel and Captiva. Often found along the wrack lines, these birds are highly camouflaged and are difficult to spot even for the experienced beachgoer.

Last week, shorebird biologist Audrey Albrecht delivered a 30-minute presentation at the Sanibel-Captiva Conservation Foundation's Nature Center on snowy plovers, offering valuable information on how to identify them, their breeding and nesting habits, and how to protect this diminutive threatened species.

According to Albrecht, there are approximately 250 nesting pairs of snowy plovers (*Charadrius alexandrinus tenuirostris*) in the state of Florida, including an estimated nine pairs nesting on the islands. These shorebirds live an average of 2 to 3 years, however, one of the plovers here on Sanibel lived to age 13.

Adult snowy plovers grow to approximately five and a half inches tall, and weigh between 34 and 58 grams. They eat insects, small crustaceans, mollusks and marine worms. They can be identified by several distinguished



A pair of snowy plover chicks in their nest

photo by Hugh McLaughlin
courtesy of SCCF

markings: the upper body varies from grayish to light brown, with a white belly. Black bands are visible on the forehead, behind the eyes and ears. In males, dark markings are more pronounced. Snowy plovers have a short, thin black bill and gray legs.

"If you see a pair of them on the beach, it's usually easy to tell them apart," said Albrecht.

In addition to snowy plovers, least terns and Wilson's plovers nest on the islands. Populations of shorebirds are declining due to increased development and human disturbance.

Beginning in the late winter months, pairs of snowy plovers start their breeding season. These ground nesters often select a location in the open, so adults can see approaching predators. Female plovers lay one egg every other day, until a total of three eggs are laid. Both parents share the responsibility of incubating the eggs and caring for young chicks. Weighing around six grams at birth, juvenile plovers can



Shorebird intern Alaina Mahn, left, and shorebird biologist Audrey Albrecht are responsible for SCCF's Snowy Plover Project

photo by Jeff Lysick

fledge their nests after just one month.

In 2015, SCCF's Snowy Plover Project – which searches for nests, stakes them (to warn beachgoers of their location) and monitors them and the young brood – counted 11 nests which hatched 31 chicks. As part of the program, which was launched in 2002, adult plovers are banded with a unique combination of colored bands to identify individual birds.

Albrecht also mentioned ways that island residents and visitors can help protect the species. Her tips included:

- Respecting the staked nests; only photograph snowy plovers from a distance
- Avoid walking along the high wrack line

- Always keeping dogs on a leash
- Never flying kites near nests, since snowy plovers might consider a kite a predator
- Never chasing birds walking along the beach
- Filling in holes dug in the sand, which could also trap sea turtle hatchlings
- Picking up garbage and debris, especially plastic and monofilament fishing line

The next presentation on snowy plovers will take place at 1 p.m. on Thursday, May 26 at SCCF's Nature Center, located at 3333 Sanibel Captiva Road on Sanibel. Admission is free for members and \$5 for non-members. For more information, visit www.sccf.org.*



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Artist Reception At BIG ARTS



Carol Murphy's *Peaceful Reflection*



Bill Crysler's *Crape Myrtle*

BIG ARTS held a reception for artists featured in the Art by the disABLED show in the Phillips Gallery on Friday, May 6. The exhibit, a new collaboration with BIG ARTS, runs through May 27.



AJ Karpinski painted *Tiger, Tiger*, a two-piece set on display at BIG ARTS Phillips Gallery



Marine Paradise by Cindy Steaky

Sanibel Captiva Trust Company is the sponsor. The Open Doors artist reception was also on Friday, in the Founders Gallery. This exhibition continues through May 27 as well.✧



Steve Greenstein of Sanibel Captiva Trust Company, a sponsor of Phillips Gallery, with Doug MacGregor, Arts in Healthcare coordinator, and BIG ARTS Executive Director Lee Ellen Harder



Rose McGahee painted *Valentine #3*



Dan Dendulk's two paintings, *Spring Power* and *Wind Power*



Janice Orozco created *Pavo Real #1* for the exhibit

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Free Garden Walks At Bailey Homestead Preserve



Hummingbird moth

photos courtesy of SCCF



Male carpenter bee on hemlock

submitted by Dee Serage-Century

The Sanibel-Captiva Conservation Foundation (SCCF) is offering free garden walks at the Native Landscape and Garden Center at the Bailey Homestead Preserve on Monday, May 23 and Tuesday, May 31. The walks begins at 10 a.m. and no reservations are required.

Many native trees, shrubs and wildflowers are in bloom and attracting pollinators to their nectar. The blooms of natives may be small but their fragrances are mighty. White indigo berry, seven-year apple, wild coffee and water hemlock are all in bloom now. They are all very fragrant and the honeybees, hummingbird moths, carpenter bees and butterflies are in nectar nirvana. All flower nectar is not created equal. Some nectar contains chemicals that male insects need to reproduce.

Check out a blooming white indigo berry or seven-year apple at sunrise or dusk and you might catch a hummingbird moth nectaring or even laying an egg. The leaves of these two plants have a similar chemical make-up and are the only local larval host plants for this day-flying sphinx moth, often mistaken for a hummingbird. The caterpillar looks like a very small version of a tomato horn worm, which is also a sphinx moth caterpillar. Indigo berry and seven-year apple plants are available at SCCF's Native Landscapes and Garden Center.



SCCF Landscape and Garden Center

With those big Queen Anne's lace-like blooms, water hemlock will definitely attract the pollinators. The chemical make-up of this plant is similar to garden parsley and is the larval host plant for the black swallowtail butterfly. So if you see green and black caterpillars on your parsley, they turn into this butterfly. Water hemlock is poisonous but only if you eat it. You would be amazed how many common plants in your landscape are also harmful if eaten.

Wild coffee is a great filler shrub for shady areas with fragrant nectar for our state butterfly, the zebra longwing. The red fruits that follow feed the birds as well.

The SCCF Native Landscape and Garden Center is at 1300 Periwinkle Way within the Bailey Homestead Preserve.✱

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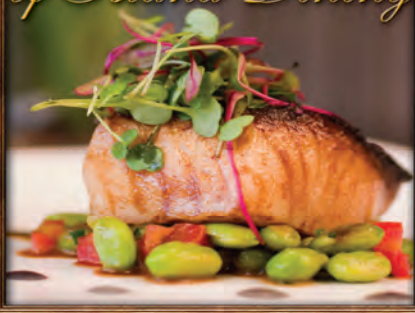
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Book Review

The Nest



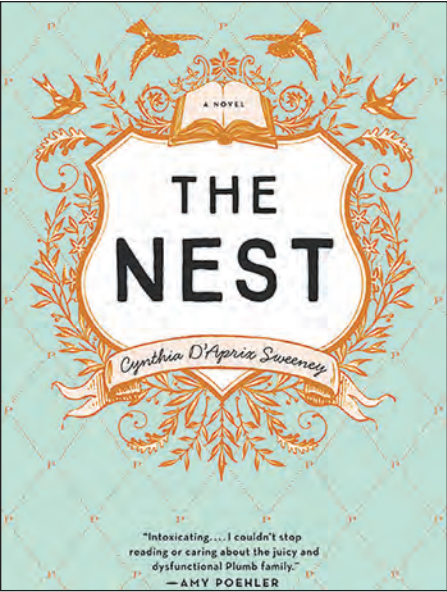
by Di Saggau

The word dysfunctional is used to describe many families, but even among the most troubled the Plumb family stands out as spectacularly dysfunctional. In her book *The*

Nest, Cynthia D'Aprix Sweeney spins a tale about four siblings who have long awaited to receive their inheritance, which they refer to as "The Nest." Years of simmering tensions finally reach a breaking point when Melody, Beatrice and Jack Plumb gather to confront their reckless older brother Leo, freshly released from rehab.

Months earlier, Leo had driven a car while inebriated and was involved in a serious car crash. His 19-year-old passenger was severely injured and to settle things his mother had borrowed a considerable sum from *The Nest* to pay off the young girl. The joint trust fund which the siblings are just months away from finally receiving has been endangered. The Plumb siblings have been counting on the money to solve their many self-inflicted problems.

Melody, a wife and mother in an upscale suburb, has a mortgage and



looming college tuitions for her twin teenage daughters. Jack, an antiques dealer, has secretly borrowed against the beach cottage he owns with his husband, Walker. Bea, a once-promising short-story writer, just can't seem to finish her overdue novel.

Leo promises to come up with a plan to pay his siblings back, but can they rely on him? Or will everyone have to reimagine the futures they've envisioned? The four have to grapple with old resentments, present-day truths, and the significant emotional and financial toll of the accident, as well as finally acknowledge the choices they have made in their own lives. Matthew Thomas, author of *We Are*

Not Ourselves, writes: "Cynthia D'Aprix Sweeney delivers an acerbic satire of the leisure class while crafting an affecting human story that embroils us utterly in the fates of the Plumbs. At first, the Plumb universe looks like one in which pragmatism trumps love, desires rule and the responsibility to others bows before the need for self-preservation at all costs. But what's truly impressive is the way Sweeney's characters discover unexpected depths and earn redemption. This book keeps its blade sharp and its heart open."

Sweeney cleverly works in side tales, including one about a damaged Rodin sculpture that mysteriously disappeared from Ground Zero. *The Nest* is a story about the power of family, friendship, the ways we depend on one another, the ways we let one another down and what money does to relationships.✧

puzzles, games and crafts. Family Storytime meets Wednesdays at 10 a.m. This 30-minute, all-ages program helps develop pre-reading skills through songs, rhymes, finger-plays and stories.

After-school Crew K-2 is held Thursdays at 3 p.m. It is similar to Tuesday's After-school Clique, but suitable for children in kindergarten through second grade.

If kids love dogs and books, then meet Bessie, a bearded collie and Reading Education Assistance Dog. The READ program encourages a love of books by providing a non-judgmental listener and furry friend. Bessie is at the library at 4 p.m. on rain-free Thursday afternoons. Readers can sign up on the spot. The program finishes by 5 p.m. Parents can also call to request a READ appointment for a different day.

The library invites preschoolers, elementary-school-aged children and teens to the annual Summer Reading Program kickoff on Saturday, June 11 at 10 a.m. Enroll, then check out games, make crafts and eat popcorn. Program registration continues throughout June. Participants receive a gift from the Sanibel Public Library Foundation when they sign up.

Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards have a \$10 annual fee.

Call Deanna Evans at 472-2483 with questions regarding youth programs or visit sanlib.org.✧

Children's Programs At Sanibel Library

Sanibel Public Library's new Youth Services Librarian, Deanna Evans, invites families to come by and participate or just stop in and meet her. Weekly children's activities continue through May, with the summer schedule beginning in June.

The After-school Clique – 3rd-5th meets Tuesdays from 3 to 4 p.m. Youngsters in third through fifth grades share never-knew-existed books,

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Movie Discount Ticket Prices Offered

The Island Cinema is offering movie tickets at a discounted rate for all Sanibel Recreation Center members.

The discounted admission for adult and senior members is \$6 including tax (40 percent off regular ticket price). Discount movie vouchers are available to current recreation center members and can be picked up at the front desk of the recreation center.

These feature films are offered through a partnership between the City of Sanibel Recreation Center and Island Cinema.

Captain America: Civil War is rated PG-13. The discount movie ticket offer is good for all showings through Thursday, May 26. Visit www.mysanibel.com for future movie dates.

Due to limited capacity in the theatre, recreation center members wishing to utilize this discount are urged to purchase their tickets at the cinema, 535 Tarpon Bay Road, in advance.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call the Sanibel Recreation Center at 472-0345.✱



photo by Jim Szabo

April Photo Contest Winner

Jim Szabo has been named the winner of RS Walsh Landscaping's April photo contest, which had a wildlife theme.

Szabo took a snap of an alligator in the rain at "Ding" Darling National Wildlife Refuge.

Photos were posted on RS Walsh's In The Garden Facebook page and at the company's garden center. Visitors to Facebook and the garden center voted on their favorites.

Szabo received a \$50 gift certificate to In The Garden. Honorable mentions went to Jeff Cutler, France Paulsen and Kyle Sweet.

The contest resumes in December. For more information call 395-5859 or visit rswalsh.com.✱

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Poet’s Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Leaving Our First House

by Tanya Hochschild

As my parents drive us away
from our house, just sold,
I look back through the car window.

They bought the willow tree from
whose branches
my brothers and I watched the world.
The aviary went too, and all those
budgies
whose babies we fed with nose
droppers.

They bought the window where the
strobe light
from the Agricultural Show swept
across each Easter
and carved front door
through which women

with fox stoles slung over their
shoulders,
came to dinner parties,
Their muffled tee-hees now silent.

The kitchen pots stayed, which Fat
Esther stirred
as she crooned Zulu lullabies to the
baby on her back.

The chair where Uncle Phil read
“Hawaii” last summer
was sold.
When they wanted Mom’s Pontiac
Parisienne,
she said, “That’s where I draw the
line.”

Leave the painted net on the garage
wall, they asked
so their children, too, could hit tennis
balls for hours.

I wonder if they will fill in the hole in
the hedge
we crawled through – or if our
friends next door
will crawl through first.

*Tanya Hochschild is member of a
Sanibel Writers Group, has participated
in Artpoems and Writer’s Reads on the
island, and had two books published.**

Our email address is
press@islandsunnews.com

Neighbors Club Rally



Carolyn and Dale Farris, far right, at the rally with friends, Lars and Marie Hakansson

The Sanibel Captiva Neighbors Club held a rally at Cip’s Place on May 12. Alison and Blaine Dry of Cip’s donated a \$50 gift certificate, enabling the club to net \$148 from a raffle for Sanibel-Captiva Conservation Foundation. Brian Boyd donated a magic show and Myra Roberts donated her new art book for the raffle. To sign up for club membership, go to Hollie’s Boutique at 1571 Periwinkle Way, formerly Sanibel Island Bookshop.*

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Diane and Bill Griffin, Brian Johnson, Beth Haely and Cip’s Staff (Alison Dry, far right)

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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale – returning in November. If you are doing some spring cleaning before heading back up north, the center welcomes your donations of clean, gently used items. All donations are tax deductible. Bring items to the center Monday through Friday between 8 a.m. and 3:30 p.m. The following items cannot be accepted: books, clothes, shoes, computers or old TVs.

Page Turners with Ann Rodman – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, June 8 is *The Great Santini* by Pat Conroy. Bring your lunch and view the movie at 12:30 p.m. There will be a discussion of the book and movie at 2:30 p.m.

Sunset Social on the Causeway and Corn Hole – Thursday, May 19 at 6:30 p.m. (weather permitting).

Watch the sunset and play a game of corn hole with friends. Meet on the causeway at 6:30 p.m. Bring a dish to

share and your beach chair. Contact the center for directions to the viewing area.

Artis-Naples, The Baker Museum and Lunch at Seasons 52 – Tuesday, June 7. Cost is \$10 for members and \$15 for non-members.

Take a private tour of the museum's current one-of-a-kind exhibit, Naples Collects, which is an eclectic exhibition that brings together examples of the best-known American artists of the 20th century, works by masters of European art and contemporary artists. After the tour is lunch at Seasons 52. Fee includes private tour at museum only. Car pooling available. Register by June 3.

Cabbage Key Cruise & Lunch – Thursday, June 23. Cost is \$70 for members and \$77 for non-members.

Cabbage Key is a true "Old Florida" island hideaway. The main house, which is now the inn and restaurant, was built in 1938 by playwright and novelist Mary Roberts Rinehart. The wallpaper at Cabbage Key is made of autographed dollar bills that are taped to the walls and ceiling. It is said that Jimmy Buffet was inspired to write the song *Cheeseburger in Paradise* while visiting this rustic fisherman's pub. Cabbage Key offers a short nature trail and a water tower on which you can climb to the top for some great photographs. Register by Friday, June 17.

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

Mahjongg – Thursday at 12:30 p.m.
Hand & Foot – Thursday at 12:30 p.m.

Tuesday Kayaking – May 24 and June 7 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. (through May 26). Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✪

ISLAND SUN BUSINESS NEWSMAKERS

Top Agents



Lynda and Kit Traverso



Mary Lou Bailey



Susan Dunn

VIP Realty Group announced their top agents and sales teams for the month of April.

Susan Dunn was recognized as the top sales agent while Lynda and Kit Traverso were recognized as the top listing agents. Also, Mary Lou Bailey was recognized as the top producing agent.✪

New Associate

Premier Sotheby's International Realty recently welcomed Jennifer Mazziotti as a new sales associate to their Sanibel office.

A native of Ohio, Mazziotti attended the University of South Florida in Tampa where she earned a bachelor's degree in music. When not selling real estate, she enjoys playing the saxophone and keyboard in The Marty Stokes Band.✪



Jennifer Mazziotti

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- Boat Dock Available
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2nd Annual Blues By The Bay Raises \$50,000 For Area Children



Dee Serage-Century, Linda Winn and Deb Smith

The Heights Foundation's 2nd annual Blues by the Bay fundraiser raised \$50,000 for School Success programs for at-risk children in the Harlem Heights neighborhood in Fort Myers.

Guests enjoyed samplings from Sanibel and Captiva's finest restaurants including Blue Coyote Supper Club, Cantina Captiva, Key Lime Bistro, Sanibel Catering Company by Bailey's and Starfish Grille. VIP guests enjoyed

a pre-event reception at The Sanibel Sea School with a raw bar provided by The Timbers. The Lighthouse Resort & Tiki Bar welcomed guests with champagne. Live music was provided by Lori and Randy Thomas.

Guests had the opportunity to bid on auction lots including an in-home gourmet wine dinner for eight guests by Chef Brian Roland of Crave Culinaire, a private 1/2-day boat tour for 10 with Dr. Bruce Neill, co-founder and



Calli and Bailie Johnson

executive director of the Sanibel Sea School followed by a pasta party at Matzaluna, an original artwork by Sanibel artist Jolie Black, an in-home Caribbean-inspired wine and rum dinner for 10 by Chef Justin Fleming and an in-home "Under the Sea" champagne mermaid lunch for eight by Chef Gloria Jordan.

"We are appreciative that the residents and businesses of Sanibel and Captiva opened their hearts and made this event a success," said Kathryn Kelly, president and CEO of The Heights Foundation. "Our School Success programs include academic tutoring, after school and summer camp programs, scholarship and college access assistance, school supplies and



Susan Smith and Lynne Bode

tuition support. Each program is geared to meet the specific needs of children and young adults who seek to further their education."

Chico's FAS was the Presenting Sponsor. Additional sponsors include Edison National Bank/Bank of the Islands, Gretchen and Mark Banks and the Sanibel-Captiva Islander/Island Reporter. The evening of live music, food and drinks was held at a private beachfront home currently listed for sale by McMurray & Nette of Royal Shell Real Estate.

For more information about The Heights Foundation and The Heights Center, visit www.heightsfoundation.org or call 482-7706.✧

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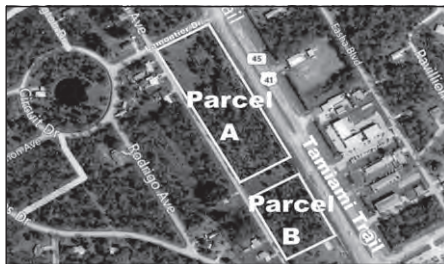
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Civic Core: COTI's Initial Thoughts



by Mike Miller, President, Committee of the Islands

After several years of preliminary planning, a proposal has been made to the Sanibel City Council for a Civic and Cultural Core Project. The proposed project will involve demolition of the existing BIG ARTS complex, including the Herb Strauss Theater, all to be replaced with new facilities. Center 4 Life activities will be relocated from their current building to a new building; all of the new facilities will be constructed on a campus-like setting located near City Hall. The project will also include the construction of two large outdoor pavilions, about 400 new parking places and a new access road to the parking area.

The estimated cost of the project is \$42 million of which BIG ARTS would contribute \$12 million, grants from other funding sources would provide \$22 million, and the remainder, approximately \$8 million, would be paid by Sanibel taxpayers. In order for this project to proceed, a majority of Sanibel voters must approve it in a referendum.

The Civic Core leadership team has preliminarily estimated that the additional annual property tax burden for an average Sanibel home would be \$111 if the underlying financing were for a 20-year term and \$95 with a 30-year term.

To review materials related to this proposal, see "Civic & Cultural Core Project Overview" under "Recent News" on the COTI website, www.coti.org.

COTI's purpose in this process is to help facilitate an objective, informed discussion within the community, to consider and point out benefits and drawbacks, and to raise questions that are in the public interest.

The potential benefits of the project are as follows:

- With inclusion of a new Center 4 Life building, the project would solve a problem that has plagued us for years, namely how to deal with a deteriorating facility that, because of substantial nonconformities, would be difficult to renovate.
- The new green area and the two proposed pavilions would create an attractive venue for Sanibel Community Association festival events, and having both the event and corresponding parking on the north side of Periwinkle Way would reduce the numbers of pedestrians crossing Periwinkle and the resulting congestion.
- The addition of new easily-accessible shared parking spaces would simplify and quicken parking, hopefully reducing Periwinkle congestion in that local area during large events.

- The enlarged and improved BIG ARTS performance hall and a new theatre would allow improvements in cultural offerings.
 - The increased number of classroom facilities at both BIG ARTS and Center 4 Life will permit more educational and recreational opportunities for all residents.
- However, there are concerns that we hope the Civic Core leadership and City Council will address:
- Will the referendum be scheduled for a date that will allow adequate opportunity for discussion within the community regarding the project?
 - City Council needs to ensure that the public has sufficient opportunity to be informed regarding all aspects of the project including the property tax implications of construction and future operations, and of any consequences associated with the receipt of external grant funding.
 - Is the size, cost and scope of the project consistent with the Sanibel Vision Statement and with the continuation of Sanibel as a unique barrier island sanctuary?
 - Although the project may reduce congestion in the local area of west Periwinkle, is there risk that increased activity levels of the participating organizations could result in an overall worsening of traffic conditions? And, to the extent that risk exists, could the City impose limitations, structures or policies to control such risk?
 - Will the project attract more visitors from off-island, and what can be done to reduce the risk of that happening?
 - What will be the environmental implications of the use of previously undeveloped conservation land for the project?
 - What are the expected civic or community benefits from the project beyond improved facilities for the participating organizations and new shared parking, and how will these benefits be achieved?

Within the next few days, COTI will be providing more detailed questions to the project team, and to City Council, for the purpose of obtaining information for the public that will be relevant to the above concerns. Our goal is to help ensure that the citizens of Sanibel are well-informed about the project prior to the referendum.

Your comments regarding this project are important and always welcome. You can email us at coti@coti.org or write to COTI, P.O. Box 88, Sanibel FL 33957.

COTI invites your input on this and other issues affecting our island. Send an email to coti@coti.org. To read our past commentaries on island issues, visit www.coti.org. Or visit Committee of the Islands on Facebook.✧

Read us online at IslandSunNews.com

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Rotary Happenings

submitted by Shirley Jewell

Last Friday, Sanibel-Captiva Rotary Club got to take a little vacation. We crossed the causeway and took part in Rotary #6960 District



Conference at Sanibel Harbour Marriott Resort & Spa. This year's theme was Fellowship of the Wheel.

Cyndi Doragh, Rotary's District governor 2015-16, planned a great event, bringing to light all the positive things Rotary does and is doing within the district and around the globe while still stressing the fellowship and fun members have at these events.

Sanibel-Captiva Rotary hosted the opening breakfast meeting on Friday morning and with that came the responsibility to bring the meeting to order by the ringing of the Rotary bell. Chris DeCosta, our Rotary Club president, had the honors, along with leading attendees in the Pledge of Allegiance, San-Cap Rotary song, and the introduction of our District Governor Cyndi Doragh. She in turn introduced Deepa Willingham, our Rotary International President KR Ravindran's representative. Willingham brought us a greeting from Ravindran and spoke about



Chris DeCosta ringing the bell

the meaning of the president's theme for the year, Be a Gift to the World. Willingham spoke of her own journey toward the understanding of this theme. Willingham was born in Calcutta, India, eventually came to the states and became a naturalized citizen. Throughout her years here, she has been recognized for her dedication to Rotary, her connection with special education programs for the federally funded Upward Bound program and her involvement with educating "at risk" high school students from the inner city in Milwaukee, Wisconsin. But the very words of "Be a Gift to the World" epitomize her experience of founding a non-profit organization named PACE Universal - Educate and Empower, with her pilot school in Calcutta-Piyali Junction, India to educate young girls from ages 5 to 15.

PACE is committed to ending trafficking and uplifting communities through the education of girls and women living in extreme poverty. Willingham did not do this alone. She was encouraged and supported by her home Rotary Club of Santa Ynez Valley and a \$330,000 Health, Hunger and Humanity Grant from The Rotary Foundation for the now Piyali Learning Center.

The crazy Scotsman Rotarian George Robertson-Burnett from Bartow, Florida stepped on stage in traditional kilt with music blaring. He was full of energy, amusing stories, even a few salty words, and shared the enthusiasm of a revival preacher in directing his comments toward Rotary club service and strong membership development. Burnett commented on the public's perception of Rotary as an all-male club, aging-out of the current fast-paced technological society; a club with secret handshakes and peculiar rituals. But as we viewed the pictures on projection screen of Rotarians in action, what we saw was men and women of all ages from all countries united together in making a difference in this world.

Rotarians need to promote the real face of Rotary as an all-inclusive club that promotes fellowship, networking and doing good in their communities. Burnett gave examples of Rotary networking such as when the head of Publix was at a Rotary meeting, met a pharmacist, started talking and developed a friendship. The pharmacist went to work for Publix and was responsible for

developing a plan to have a pharmacy in all Publix Supermarkets. There are smaller examples such as networking between Rotarians and local police, with Rotarians purchasing and placing defibrillators in 130 police cars in Central Florida. Rotary networking can be done on a local level or in partnership with humanitarian organizations such as the World Health Organization and Gates Foundation to eradicate polio.

*The Sanibel-Captiva Rotary meets at 7 a.m., Fridays at The Dunes Golf & Tennis Club. Guests are always welcomed.**

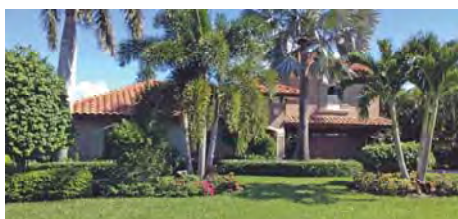
Top Ten Books On The Island

1. *Deep Blue* by Randy Wayne White
2. *Luckiest Girl Alive* by Jessica Knoll
3. *Lilac Girls* by Martha Hall Kelly
4. *Cuba Straits* by Randy Wayne White
5. *A Man Called Ove* by Fredrik Backman
6. *The Japanese Lover* by Isabel Allende
7. *The Storied Life of AJ Fikry* by Gabrielle Zevin
8. *A Spool of Thread* by Anne Tyler
9. *The Sympathizer* by Viet Thanh Nguyen
10. *A Bubble Moment* by Katie Gardenia

*Courtesy of MacIntosh Books and Paper.**



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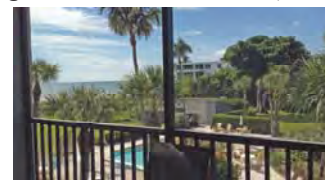
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Sundial #R401
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Zonta Recognizes Young Women In Public Affairs



Zonta Area 6 director Linda Robison and District 11 governor Karen Pati share in recognizing Casey Rials, alongside her mother and Zonta San-Cap member Ellen Strobel

The 2016 recipient of Zonta's Young Women in Public Affairs (YWPA) annual award is Casey Rials of Bokeelia, a senior with a 4.48 GPA at Cape Coral's Mariner High School. At Mariner, she has served as an officer in JROTC and in Student government as vice-president, class coordinator and treasurer. After graduation, Rials plans to attend the University of Central Florida.

The award, including a check for \$250, was presented by Ellen Strobel, chair of the Zonta San-Cap selection committee, at the April 6 club meeting. In presenting the award, Strobel quoted one of Rials' Advanced Placement instructors, who ranked Casey as among the finest students he has taught in 24 years: "She has strong leadership skills and work ethics, and is highly

intelligent, efficient, and one of the nicest human beings."

Established in 1990 by Zonta International, the YWPA award recognizes young women, ages 16 to 19, who demonstrate superior leadership skills and a commitment to public service and civic causes, and encourages them to continue their participation in public and political life. The Zonta San-Cap award was established in honor of the late Carla Brooks Johnston, club member and environmentalist, who served as mayor and vice mayor of Sanibel from 2005 to 2008.

The award program operates at several levels. Rials will now compete at the Zonta Area 6 level, comprising six clubs from Sarasota to Naples, and then if successful at the Zonta District 11 level, comprising 42 clubs from North Carolina to the Caribbean, and potentially at the Zonta International level where 10 scholarships of \$4,000

are awarded each year. Since the award's inception, Zonta programs have given over 700 YWPA scholarships.

For more information on the YWPA awards, visit www.zonta.org.

The Zonta Club of Sanibel/Captiva is a service organization of professional women working together through service and advocacy to empower women on the islands, in Lee County and through Zonta International, around the world. Visit www.zontasancap.com for more information.✱

FGCU Graduates

Ronald Buckley, a resident of Saint James City, and Sanibel resident Scott Poling recently graduated from Florida Gulf Coast University. Buckley earned a bachelor of arts degree from the college of arts and sciences while Poling earned a bachelor of science degree in civil engineering from the college of engineering.✱

Superior Interiors

Some Sound Color Advice



by Jeanie Tinch

When it comes to color, I advise my clients to follow their heart. As an interior decorator, my color philosophy revolves around the fact sometimes color preferences

are not always the same as your favorite colors. But when some sound thought is considered when planning for a new color scheme, generally your heart's color desires will rule supreme! And, as most people have discovered, planning a color scheme is a carefully thought out process.

I suggest that my clients follow five easy steps in assessing their space for a new color scheme.

First, decide where your best opportunities are for using color! Will painting one wall in an accent color give your room the spark you desire? Or

perhaps, a soft blending of similar color hues will give your new room its desired "feeling or mood."

Then, take a critical look at your room's architectural features. Do you want them to stand out – take center stage – or be minimized? For instance, perhaps you have painted bookshelves flanking a room's fireplace. Adding an accent color to the back walls of your bookshelves, might add just a bit of much needed color flair to the entire wall scheme.

Thirdly, try to define how your space is being used. Reading, relaxing, game playing or watching TV? An important consideration in selecting your new color scheme is how you actually use and enjoy the space.

Next, analyze your room's lighting. How much natural light does your room have? A room with a lot of artificial light will definitely call for a different color plan than one with a lot of natural light.

And last, but not least, it's critical that you take into account your "new" room's relationship to the other rooms in your home. Color continuity is key to creating the overall look most people desire for their homes.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindeciden.com.✱

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Members of the Sanibel-Captiva Kiwanis Club selling beer on Islands Night in 2015

From page 1

Islands Night Beer Challenge

such an event, Hammond Stadium was selected as the perfect place to host family, friends, neighbors and visitors of Sanibel and Captiva.

"Sam intended to emphasize the strong connection the community already has and further those relationships through a family-focused event where a good time could be had by all," said Calli Johnson of Bailey's General Store.

During the game, members of the Sanibel-Captiva Kiwanis Club and Sanibel-Captiva Rotary Club will be engaging in a friendly competition which began last year. Islanders can vote for their favorite service organization by purchasing a 16-ounce beer in either a blue cup (Kiwanis) or a red cup (Rotary). Each \$5 cup purchase – of either Bud Light or Terrapin Hi-5 IPA – will support local charities.

"Last year, the Sanibel-Captiva Kiwanis Club trounced the Sanibel Rotary Club... and this year, we will double trounce them," said San-Cap Kiwanian Jerry Edelman. "We are the champions!"

"It would be foolish for the Kiwanis Club to underestimate the Rotary Club this year," said San-Cap Rotary Club Vice President Holli Martin. "Determination is an amazing thing... and we will be bringing it in full force!"



Last year, John "Papa Bear" Carney, right, selling another beer on behalf of island Rotarians

Islands Night sponsorships are still available for \$100 and can be secured by calling 472-1516. Benefits of sponsorship include unlimited tickets to the ballgame, optional parade participation, event advertising and tabling, and a free T-shirt.

Free tickets for Islands Night are being distributed at Bailey's General Store (both in the Bailey's Center and at Sundial Beach Resort & Spa) as well as at event sponsor locations.

For more information about the Fort Myers Miracle, visit www.milb.com/index.jsp?sid=t509.

Join Sanibel's Youth Swim Team

The Sanibel Water Attack Team (SWAT) is a youth swimming program – open to ages 5 to 18 – designed to improve stroke technique and to build endurance. Participants must be able to swim the length of the pool (25 yards) in order to participate. Practices are held at the Sanibel Recreation Center Monday through Friday from 2:30 to 5 p.m.

In addition to becoming members of SWAT, swimmers will get a chance to join Swim Florida for local and regional competitions.

Stop by the Sanibel Recreation Center, 3880 Sanibel Captiva Road, or call 472-0345 for more information on practice times and fee options.



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Shell Point Celebrates Milestone



This rendering shows what the new clubhouse will look like when completed in fall 2016. The \$14 million building is adjacent to the Shell Point Golf Course and will include a golf pro shop and other amenities. photo courtesy of Shell Point Retirement Community

Shell Point Retirement Community recently celebrated a major construction milestone during a topping-off ceremony for its two-story, 35,000-square-foot clubhouse located at Shell Point Golf Course. As the summer approaches, interior construction will address remaining mechanical, electrical and plumbing systems. Installation of final equipment, interior décor, staff training and other finishing touches are underway. Amenities will include premium audio/visual equipment for small-scale concerts and speaking events, supportive aids for the hearing impaired and full Wi-Fi. Early estimates indicate that The Shell Point Clubhouse will be ready for use in fall 2016.

Wright Construction Group is building the \$14 million facility. Club memberships will be offered on a limited basis to the local Fort Myers community, who will share the facility with Shell Point residents. Clubhouse members will have access to a fully equipped exercise room offering fitness and aerobics classes. Located at Shell Point's 18-hole championship golf course, the clubhouse will also house the Shell Point Golf Pro Shop, as well as two restaurants, salon and spa services, plus additional resort-style amenities. Details about membership fees and booking the clubhouse for special events will be confirmed soon, and posted on a dedicated website. Shell Point Golf Club's par-71, Audubon-certified course offers a grass driving range, chipping and practice green, lessons coordinated by PGA golf professional Gary Keating and a sports retail store. The semi-private course is located near the entrance to Shell Point Retirement Community at 17401 On Par Boulevard, Fort Myers. For more information, visit shellpointgolf.com.*



From left, Scott Moore, Shell Point chief operating officer; Fred Edman, president, Wright Construction Group; Scott Loiacano, project manager, Wright Construction Group; and Bob Southern, Shell Point director of project, at The Shell Point Clubhouse topping-off celebration photo Rich Cerrina/Shell Point Retirement Community

Tribute To America's Heroes

Pay tribute to America's heroes at Centennial Park on Sunday, May 29 beginning at 6 p.m. The tribute will be hosted by Clay Miller of NBC2. It is sponsored by the Fort Myers Recreation Division, the Lee County Chapter of the American Red Cross, 21st Century Oncology,

American Legion Post 38 and Lee County Veteran's Affairs. Sergeant Jeff Kyle of the United States Marine Corps will be the guest speaker. There will be performances by the Southwest Florida Symphony and Yvette Dominique of the Fort Myers Police Department. Additional activities will include a rifle salute and flyover performed by the Lee County Sheriff's Office, a presentation of colors by the Fort Myers Police Department and a wreath will be laid on the Caloosahatchee by Marine units. The American Red Cross will be accepting items for care packages to be sent to deployed troops. The public is encouraged to donate items for the care packages, such as individually wrapped candy, microwave popcorn, nuts, pretzels, powdered drink mixes, or toiletry items such as shaving cream, razors, toothbrushes, toothpaste, bath soap or shower gel. Other nonperishable items, such as travel-size wet wipes, sunscreen, lip balm and foot power are also acceptable as are playing cards, puzzles and reading materials.**

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Will Power

An Attorney Who Represents Himself...



by Craig R. Hersch, Florida Bar Board Certified
Wills, Trusts & Estates Attorney; CPA

Most of you are familiar with the old adage that an attorney who represents himself has a fool for a client. In that vein I bring to you an interesting case of a retired attorney from a Midwestern state who decided to draft and sign his own will. "Benjamin" died a Florida resident with no assets or monies to speak of except his home worth \$400,000 that he had declared as his homestead. Before retirement, he was a practicing attorney from his former home state. He was not licensed nor did he ever practice estate planning law in Florida.

Benjamin knew enough about Florida law to understand that your homestead is not technically a probate asset and that it is generally protected from creditors' reach. As I will soon reveal, while Benjamin may have known the general rule, it doesn't appear that he was aware of the exceptions to that rule.

Prior to his death, Benjamin ran up credit card debt exceeding \$60,000, apparently believing that the credit card companies would be left out in the cold since his only major asset was his Florida homestead. Unsecured creditors such as bank credit cards may file a claim against the probate estate, but usually cannot attach Florida homestead if it is left to a decedent's heirs as defined under the law.

Here's where it gets interesting. Benjamin's last will left 45 percent to his son, "Thomas", 45 percent to his daughter, "Stephanie" and 10 percent to his church.

Thomas was named as the personal representative (executor) for his father's estate, and opened the administration. Benjamin's ex-wife, "Marilyn" who is also the mother to Thomas and Stephanie produced her divorce settlement agreement promising her \$100,000 from Benjamin's estate at his death. She made a claim for that amount against the estate assets.

Thomas sold the home, and deposited the \$400,000 proceeds into an estate account. Against his probate attorney's advice, Thomas immediately paid his mother the \$100,000 due to her under the divorce settlement agreement. The creditors properly filed their claims for the \$60,000.

Thomas' probate attorney filed a motion to protect the homestead sales proceeds. The creditors filed an objection, since the homestead protection only applies to

spouses or heirs at law. Since Benjamin's will gave 10 percent to his church (an unprotected class of beneficiaries), the creditors claimed that up to \$40,000 of the sales proceeds were unprotected (10 percent of the 400,000 sales proceeds) and therefore should be available to satisfy their claims.

Thomas asked his attorney if the \$100,000 that he paid his mother in satisfaction of her divorce settlement factored into the equation somehow. The probate attorney informed Thomas that he should not have paid her claim in full, since hers is also a creditor claim that would have to be prioritized with the other creditors' claims. The amount subject to all of the creditor's claims totaled \$160,000 (the mother's \$100,000 plus the \$60,000 credit card debts).

The credit card companies were entitled to a portion of the \$40,000 of unprotected monies, and the mother was entitled to another portion. But Thomas distributed \$100,000 to his mother. If his mother refused to refund her \$100,000 payment, Thomas would have to refund money from his own pocket, or take it from his share of his father's estate.

At the end of this mess, the church received nothing, and Thomas had to refund money to the estate to make everyone whole.

Many of these problems could have been avoided had Benjamin sought proper legal advice before drafting his will and running up the credit card debt. Thomas also erred by paying his mother's claim without first consulting with the probate attorney.

Situations like this are made even worse when individuals put a direction in their wills that mandate the sale of the Florida homestead with the proceeds divided between the beneficiaries. While homestead is a creditor-protected asset under Florida law, if a direction in the will requires the personal representative to sell the homestead then those proceeds are not protected at all, even if those proceeds are directed to heirs. In the case of Benjamin's estate, there was no such direction. When there's no direction to sell the home, and the personal representative does it of his own volition, then the proceeds are generally protected to the extent that they are to be distributed to heirs.

Believe it or not, situations like the one that I describe here are not uncommon. The law surrounding the descent and devise of Florida homestead is complicated. Moreover, the law surrounding the creditor-protected nature of a Florida homestead, and the sales proceeds therefrom, are equally confusing.

While Benjamin had a fool for a client, another euphemism that applies to his situation is that Benjamin's limited knowledge as to Florida probate law made him dangerous.

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Pitcher Sets Records In Major Leagues After Doing Same For Florida Gulf Coast University



by Ed Frank

If we turn the clock back six years, there was a slender fire-balling pitcher named Chris Sale who had posted an 11-0 record for Florida Gulf Coast University while striking out 146 batters and walking

only 14 – tops in the NCAA.

Three years prior, right out of Lakeland (Florida) High School, he had been drafted by the Colorado Rockies in the 21st round of the Major League draft, but chose instead to attend college here at FGCU.

By 2010, nearly every Major League team recognized the talent and potential of this 21-year-old left-hander, and the Chicago White Sox selected him in the first round, the 13th overall pick, with a \$1.656 million signing bonus.

He made headlines that very first year with the White Sox becoming only one of five players in Major League history to play in the Majors the same year he was drafted.

The six-foot, six-inch lefty was originally used as a relief pitcher in his early years with the White Sox, but later was converted to a starter and awarded a five-year \$32.5 million contract extension in 2013 – cheap by today’s standards.

Baseball scouts may have predicted greatness for Sale six years ago, but few figured that by 2016 he would become one of the two most dominant pitchers in baseball – the other being crosstown rival Jake Arrieta of the Chicago Cubs.

Through Monday of this week, Sale had won his first eight starts, an 8-0 record matched by only three other pitchers in White Sox history – Eddie Cicotte in 1919, John Whitehead in 1935 and Jon Garland in 2005.

Not only does he lead the Majors in victories, his 1.67 ERA is in the top three of the American League and his 53 strikeouts are in the top four.

That eighth victory last week over the New York Yankees was a complete game 7-1 beauty, the 10th complete game in his amazing career.

His blazing start this year has silenced critics who had questioned his funky sidearm throwing motion that produces fastballs in the 93-99 mph range, a wicked slider and changeup.



Chris Sale

photo courtesy Chicago White Sox

As we have noted so often, the baseball season is a long grueling six-month affair, and it’s doubtful that Sale can continue the torrid pace he has started this season.

But if it were to end now, this former FGCU pitcher would be the certain American League Cy Young Award winner – a feat neither he nor most others would have predicted six years ago.

First-Place Miracle Start Seven-Game Homestand This Weekend

The Fort-Myers Miracle baseball team began the week with a 22-16 season record and were in first-place in the Florida State League South Division.

The Miracle are home for seven games starting tonight, Friday: four against Tampa and three with Palm Beach.

The start times are 7:05 p.m. Friday, 6:05 Saturday, 4:05 Sunday and 10:35 a.m. Monday. The first pitch for the Palm Beach series is 7:05 p.m. Tuesday through Thursday.

Florida State League All-Star Game At Hammond Stadium June 25

The 2016 Florida State League All Star Game will be held at Hammond Stadium in the Centurylink Sports Complex on June 25.

This will be the sixth time since 1985 that the league’s mid-summer classic has been held in Fort Myers.✪

SPORTS QUIZ

1. In 2015, pitcher Max Scherzer twice set a Washington Nationals record for most strikeouts in a game (16, then 17). Who had held the mark?
2. What two teams did Reds pitcher Johnny Vander Meer back-to-back no-hit during the 1938 season?
3. In 2015, the Colts’ Andrew Luck joined four other quarterbacks who passed for 300-plus yards in three consecutive NFL playoff games. Who else did it?
4. Who was the first African-American Division I men’s head basketball coach?
5. Detroit’s Dylan Larkin set an NHL All-Star Skills record in 2016 for fastest lap around a full rink (13.17 seconds). Who had held the mark?
6. Name the American runner who captured Olympic gold medals in 1948 and 1952 in the 800m track race?
7. Jason Day, at the 2015 PGA Championship, became the first player to finish 20-under par at a major championship. What had been the lowest mark, and who held it?

ANSWERS

1. Stephen Strasburg struck out 14 in a game in 2010. 2. The Boston Braves and the Brooklyn Dodgers. 3. Dan Fouts, Jim Kelly, Warren Moon and Drew Brees. 4. Will Robinson was hired as coach of Illinois State in 1970. 5. Toronto’s Mike Gartner did a lap in 13.38 seconds in 1996. 6. Mal Whitfield. 7. Tiger Woods shot 19-under par at the 2000 British Open.



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School Smart



by Shelley M. Gregg, NCSPP

Dear Readers, May is National Mental Health Awareness Month. It's a time to reflect about what we do as parents that support our children's mental

health. Experts define good mental health as not only the absence of psychological or behavior problems, but also the presence of wellness or psychological health. For example, self-esteem, self-acceptance, resiliency and effective coping skills contribute to mental health and good behavior in students. While families provide the primary support for developing children's mental health, schools play an important role working with students and families.

I have posted some suggestions for you on how to support your child's mental health. These suggestions can guide you to make good decisions with and for your child and his or her positive mental health.

- Create a sense of belonging. Feeling connected and welcomed is essential to children's positive adjustment, self-identification, and sense of trust in others and themselves. Building strong, positive relationships among students, school staff and parents is important to promoting mental wellness.

- Promote resilience. Adversity is a natural part of life and being resilient is important to overcoming challenges and good mental health. Connectedness, competency, helping others, and successfully facing difficult situations can foster resilience.

- Develop competencies. Children need to know that they can overcome challenges and accomplish goals through their actions. Achieving academic success and developing individual talents and interests helps children feel competent and more able to deal with stress positively. Social competency is also important. Having friends and staying connected to friends and loved ones can enhance mental wellness.

- Ensure a positive, safe home and school environment. Feeling safe is critical to students' learning and mental health. Promote positive behaviors such as respect, responsibility, and kindness. Prevent negative behaviors such as bullying and harassment. Provide easily understood rules of conduct and fair discipline practices and ensure an adult presence in common areas, such as hallways, cafeterias, locker rooms, and playgrounds. Teach children to work together to stand up to a bully, encourage them to reach out to lonely or excluded peers, celebrate acts of kindness, and reinforce the availability of adult support.

- Teach and reinforce positive behaviors and decision-making. Provide consistent expectations and support. Teaching children social skills, problem solving, and conflict resolution supports good mental health. "Catch" them

being successful. Positive feedback validates and reinforces behaviors or accomplishments that are valued by others.

- Encourage helping others. Children need to know that they can make a difference. Pro-social behaviors build self-esteem, foster connectedness, reinforce personal responsibility, and present opportunities for positive recognition. Helping others and getting involved in reinforces being part of the community.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

College To Offer New Engineering Program

Florida SouthWestern State College's School of Pure and Applied Sciences will soon offer a new science and engineering program beginning Fall 2016. The program is currently pending SACSCOC approval.

The Associate in Science (AS) Degree in Science and Engineering Technology will prepare students for occupations as life and physical science technicians in various areas including biological, chemical and environmental science, as well as physics. It also allows degreed students to obtain baccalaureate-prerequisite classes if they plan to switch into a STEM field of study.

In addition, the Scientific Workplace Preparation Certificate will prepare students for employment in a science or engineering laboratory or to continue on to the Science and Engineering Technology AS degree.

"FSW is excited to be able to offer these new opportunities to our students as the need for a trained workforce in the STEM fields continues to grow," said Dr. Martin McClinton, dean, School of Pure and Applied Sciences.

For more information or to apply, visit www.fsw.edu/admissions.✱

Optimist Club College Scholarship

The Sanibel-Captiva Optimist Club will offer one four-year college scholarship to a 2016 graduating high school senior. The new scholarship replaces one of the current six (since one current scholarship recipient is graduating college). Each scholarship is \$2,000 per year (\$8,000 total). The competition for the scholarship is open to all seniors graduating from high schools in Lee County in 2016.

Application forms are available at all Lee County high schools (see your guidance counselor), at Bailey's General Store and at Sanibel Café, both on Sanibel, and on the SanCap Optimist website, www.sancapoptimist.org. Additional information is available by email at sancapoptimist@comcast.net or from Stan Howard, by calling 472-0836. Scholarship applications must be postmarked no later than Thursday, June 12. The scholarship committee plans to make the final decision by the end of June.

Applicants should be aware that academic records, financial need, extracurricular activities, civic/community service records, and references are integral parts of the selection criteria. The application package provides exact procedures.

Current scholarship holders from Lee County are: Tyler Silcock (senior), Florida SouthWestern State College; Savar Nasirov (junior), University of Florida; Ramsey Fisher (junior), Florida International University; Peyton Davies (sophomore), University of Texas at Austin; Andrea Berrian (freshman) University of Florida; Dara Craig (freshman), Vanderbilt University.

Because of the generosity of local residents and businesses, these four-year scholarships have increased from \$7,000 to \$8,000; existing scholarships will benefit by increasing future payments from \$1,750 to \$2,000 per year. The SanCap Optimist Club also sponsors and supports a number of other activities on the islands with emphasis on kids' welfare and education. The club is a 501(c)3 organization.✱



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Highlights Of 10th Annual Blue Ribbon Golf Classic



Flanked by members of Cub Scout Pack 1740, The Sanibel School's seventh grader Arabella Lilleslatten sings *God Bless America* at the opening ceremony of Saturday's 10th annual Blue Ribbon Classic Golf Tournament, held at The Sanctuary Golf Club. The tournament raises money for the Sanibel School Fund.

photos by Jeff Lysiak



From left, Tia Farhat, Jeanne Vaughn, Buffey Doster, Darrin Grotirian, Barbara Maughan and Veronica Powers



From left, Bill Fellows, Jerry Mader, Jack Tukey and Dave Bugby



Art Cassell, Kim Kouril and Brett Kist



Arabella Lilleslatten with music teacher Joey Giangreco from The Sanibel School



Sanibel Mayor Kevin Ruane, who started the tournament, welcomed the crowd



Steve Greenstein, Jason Maughan and Art Cassell at the fourth hole, where a hole-in-one could win a 24-month lease from Scanlon Lexus/Acura



Matthew Evers helps 18-month-old son, Christian, practice his putting skills



Jonathan Tongyai and Ken Kouril



Father and son team Paul and Jeff Powers



From left, John Jensen, John Nader, Jeff Lane and Steve Kreter



Members of Cub Scout Pack 1740 presented the colors and led the Pledge of Allegiance



Steve Greenstein, Chuck Kettman, Robin Cook, Nancy Bender, Al Hanser, Dick Pyle, John Pryor and Ed Ridlehoover

Trust Company Premier Sponsor Of FISH 10K Race

The Sanibel Captiva Trust Company returns as the Premier Sponsor of the 8th annual 10K Race 4 FISH, set for 7:30 a.m. Saturday, October 15 at Sanibel Community Park.

“We are pleased to support FISH in its tremendous efforts to lend a helping hand,” said Al Hanser, trust company founder and chairman. “Neighbors helping neighbors is a mission we believe helps strengthen the fabric of our community.”

“The investment we make in the 10K race pays dividends for thousands of people who benefit from the programs and services provided by FISH,” said Dick Pyle, trust company president. “FISH staff and volunteers help others to live independently and with dignity in their day-to-day lives.

They are wonderful assets in our community and we are delighted to be a part of this worthy cause.”

“We are grateful for Sanibel Captiva Trust Company’s loyal support as race day’s Premier Sponsor,” said 10K Race Committee Co-chair Ed Ridlehoover. “Their continued support allows FISH to help our island neighbors of all ages when they need it most.”

Sponsorships are still available – Gold, Silver, Bronze or Friend. For a \$500 or more sponsorship, your name or logo will appear on the back of T-shirts featuring the Hortoon race logo and worn by the runners, as well as all banners and printed 10K materials. Friend sponsors will be included on all banners and 10K materials.

For more information, contact Nancy and Pete Bender at benderlaw@juno.com or 472-5220. The deadline is September 15.✽

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Administrator Appointed

Shell Point Retirement Community recently named Doug Potts administrator of its 219-bed Larsen Pavilion skilled nursing facility, and director of long term care.

In this role, Potts directs a broad array of healthcare services, ensuring effective delivery by a 180-person care team to meet the highest standards required by the state of Florida and federal regulations. His role includes overseeing the therapy program and services that are provided at the Shell Point Rehabilitation Center, as well as memory care, long- and short-term skilled nursing care, and hospice services, which are offered daily to Shell Point’s 2,400 residents, as well as members of the local community, as needed.



Doug Potts

Potts brings more than 20 years of experience in healthcare administration and management, including opening two skilled nursing facilities and assisted living communities. His lengthy career positions Shell Point for caregiving excellence.

“Doug has demonstrated a keen understanding of healthcare quality indicators, and is the ideal candidate to lead the Larsen Pavilion’s care team,” said Scott Moore, chief operating officer at Shell Point. “His extensive credentials and industry experience will also play a key role as Shell Point investigates additional skilled nursing resources to meet future increases in market demand.”

For more than 40 years, the Larsen Pavilion has earned a high-quality reputation for providing personalized, compassionate healthcare in a beautiful waterfront setting at Shell Point Retirement Community. This professional, Medicare-approved skilled nursing center provides inpatient and outpatient rehabilitative and specialized therapies at its state-of-the-art Rehabilitation Center.

For more information about outpatient services through the Shell Point Rehabilitation Center, call 415-5432.✽

Lee Memorial Changes Name

Lee Memorial Health System will officially mark its 100th anniversary on October 3, and will begin a new century of caring as Lee Health. The new name and graphic logo, approved on May 12 by the board of directors, will more accurately reflect the future direction of health care delivery, while retaining elements of its rich history. Like the national health care environment, the local health care system is positioned for the future, transforming from a provider of episodic health care to partnering with the community and individuals to live a healthy life.

The new identity is simple and familiar, yet modern and vibrant reflecting the health system’s commitment of shaping, supporting and inspiring our community’s health and well-being. The graphic element represents the unity of all system entities, and suggests continued growth in response to community need.

“The 100th anniversary of our health care system is the perfect time to celebrate our past, while solidifying our commitment to constant evolution and improvement, in order to ensure that we provide the highest quality, compassionate care that inspires health and well-being,” said Kevin Newingham, chief strategy officer for Lee Memorial Health System. “We shared the new name and logo with employees and the response has been overwhelmingly positive. Lee Memorial Health System is positioned for the future and this new identity will be a beacon for the future of health care in Southwest Florida.”

The legal name of the organization will remain the same, as well as individual facilities within the system,

including all hospitals and existing outpatient facilities, however, plans are to incorporate Lee Health and the new graphic into existing signage and collateral throughout the health care system.

Learn more online at www.leememorial.org.✽

Symphony Elects New Trustees

The Southwest Florida Symphony Endowment Foundation has elected three new members to its board of trustees: Doris Colgate, president and CEO of Offshore Sailing School; Scott Gregory, vice president and business insurance agent, BB&T-Oswald Trippe & Company; and Thomas Kracmer, owner of Cadence Music and principal tuba player in the Southwest Florida Symphony. Gregory serves as board secretary.

Colgate, Gregory and Kracmer join board members Don King and Robert Diefenbach; president David Hall, executive vice president, CFO and chief operating officer with Sanibel Captiva Community Bank; and treasurer Corey Vertich, a principal with Uhler and Vertich Financial Planners.

“On behalf of the board, we are pleased to have such dedicated and enthusiastic individuals join in supporting the foundation’s long-term plan of growing the Southwest Florida Symphony endowment,” said Hall. “We all share a common interest in music, and I look forward to working with each of them in supporting our beloved symphony.”

For more information about the symphony and its endowment, visit SWFLSO.org or call 210-2345.✽

dearRPharmacist

Which Should You Take, Advil Or Tylenol?



by Suzy Cohen, RPh

Dear Readers: When you're in pain what do you reach for, Tylenol or Advil? What about fever or body aches from the flu? How if your precious baby is teething or gets an earache, which do

you give?

These are questions that you might be asking yourself today, and I'm going to help you. There are some primary differences between these two medications, both blockbusters sold worldwide under various brand names. The ingredients themselves are included in thousands of multi-tasking formulas.

If you read labels, you'll see the generic names as follows:

Tylenol = Acetaminophen

Advil, Motrin = Ibuprofen

Fever – You can use either one unless you're giving it to a baby less than 6 months old. Babies less than 6 months old should be given acetaminophen (Tylenol).

Pain – I'd choose ibuprofen because it directly reduces some pain-causing cytokines, whereas acetaminophen impacts the way you feel pain, essentially "numbing" you to the sensation. No one is 100 percent sure how it works; we just

have clues. We know it works though. If you have severe pain, it's sometimes recommended to alternate between ibuprofen and acetaminophen every few hours. Back pain and osteoarthritis responds better to ibuprofen, according to the *British Medical Journal*.

If you are normally a wine drinker at dinner, or you drink alcohol, stay away from Tylenol because it could exacerbate the liver damage caused by the alcohol. Ibuprofen is a drug mugger of folate, whereas acetaminophen is a drug mugger of glutathione. If you run out of folate, you could develop high homocysteine (increases risk of heart disease), cervical dysplasia, depression, chronic diarrhea, grey hair and mouth sores. If you run low on glutathione, fatigue, general pain and liver problems occur. There are dozens of other symptoms that I don't have space to list, and also these depletions take time. You don't run out of the nutrients with normal dosages, taken properly for a short-term. Don't live in pain because you are worried about this, just keep it in mind if you take them every day. Supplement with what the drug mugger stole.

PMS or cramps – Definitely ibuprofen for this, it is a stronger anti-inflammatory. Just FYI, a combination of B complex and magnesium may help mood swings, water retention, tearfulness and cramps.

Do you take blood thinners (warfarin) or anticoagulant medications? You're better off with acetaminophen in this case, since ibuprofen can further thin the blood. Heart disease or hypertension? You're better off with acetaminophen.

A recent study suggests taking Tylenol affects your ability to empathize with someone else during their own physical or emotional pain. Does ibuprofen blunt your emotional reactions, too? While no

study ever tested ibuprofen, I personally think it does. Whenever you reduce your own ability to feel pain, it's certainly harder to feel pain for another.

Finally, you may be concerned about addiction, so let me reassure you, both medications are completely safe in this regard.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: My boyfriend is very controlling and he has become even more so lately with me. We have been dating five months.

Any suggestions on how to handle this because he is driving me crazy and I don't even feel valued?

A: As a practicing psychotherapist, I have seen and heard how relationships can be exhausting due to this type of behavior.

People with controlling behavior want you to act in a certain way, and

obsessively try and dictate how you are to be and feel.

People who control do so out of fear. They are insecure and often they are not even conscious they are so controlling. They don't necessarily see themselves as controllers, however, they do see themselves as right.

Controllers are often perfectionists. Their attitude is, "I can't get anyone else to do this, I have to for it to be right." They won't delegate, and they are often rigid and anal, much less annoying. They control out of fear of being or feeling out of control. Perhaps they had difficult childhoods where their feelings weren't acknowledged or they were abandoned, or possibly had an alcoholic parent. They can be often obsessive-compulsive such as counting calories, becoming clean freaks and workaholics. They also like to dominate others with their dictating of rules and regulations. This is all a mask for lack of their own inner power.

Often, people with low self-esteem see themselves as victims and attract controlling persons. If you feel that your boyfriend has the above behaviors, I have some suggestions for you if you decide the relationship is worth staying in:

- Assert your needs and wants. You have every right to stand up for what it is you want in the relationship. It is not a one-way street.
- Focus on high-priority issues that are important to you. Whatever you do, stay out of a power struggle for the controller wants this and wants to be right at all costs.

continued on page 46

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I went to a doctor because I felt terrible. He ordered a few tests and later told me that I had an immune system disease and ordered more tests.

When I went back he just talked and talked, and I didn't know anything more when I left than I did when I first went.

Why do doctors talk like that when they must know their patients don't have the faintest idea what they are talking about?

Rebecca

Dear Rebecca,

I would not generalize to say "all physicians" talk to patients in the way your physician spoke to you. Ask your physician questions about what you do not understand. The only way he/she knows is if you ask. Look at it this way; it is a good thing that your physician tries to explain things to you so you are starting in a very good place.

Pryce

Dear Rebecca,

Doctors, lawyers and many other professionals have their own lingo. They are so accustomed to talking to people similar to themselves that they cannot see or refuse to see when some of their patient's eyes cloud over.

These same professionals are not nearly as successful as their peers who can talk on the level of their patients or clients and rarely get the desired results they are working toward. Before you leave or during the consultation interrupt them and tell them, "I am sorry but I do not understand what you are saying."

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

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Eden Energy Medicine

What Are Our Energies Of Love?



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

By popular request, we are revisiting the Energies of Love. Want to know why your partner, friend or child hears

you say something you never said or intended, especially when under pressure or stress? Or you are feeling very vulnerable, hurting and in need of a hug, and she/he is providing a great dissertation of logic as to how to solve your "problem?" Or perhaps your partner just doesn't understand that your feelings of concern and worry about the grandchild are reality and are the facts and these feelings are all that matter? Or maybe he or she doesn't get the fact that the way you see the situation is the appropriate perspective and really the only one?

Welcome to the energies of love! Understanding the sensory type of both you and those close to you aids in communication, understanding, acceptance and loving dialogue. Donna Eden and David Feinstein just released the book *Energies of Love* in

paperback. In this book, they explore and explain that there are four very different sensory types that each person uses to react and engage their world. Each of us goes to one of the four as our default mode when under stress. Briefly, the four types are:

- Tonal, based on hearing. This person, when stressed, will fill in the blanks to what he/she thinks is being said based on the way it is being heard even though you may not be saying anything near what is he/she is "interpreting" or "hearing." They get exasperated at "not being heard" and get angry at being made to feel wrong.
- Digital, based on logic. This person, under stress, believes that all issues – emotional or otherwise – are solvable by methodically explaining or analyzing the situation. If he/she can get the other to see the logic, than all will be just fine. They are not emotional people, believing they are always right and can't be reached with feelings.
- Kinesthetic, based on feeling. This person, under stress, believes that her/his feelings are the world. They will forever try to please others based on feelings and can't sort out feelings from logic, since feelings are fact. Tending to be overly compassionate, they lose their own truth and suffer for others.
- Visual, based on seeing. This person, under stress, calmly explains that the way they see the world is the only way, and – if you don't agree – well, than you are just plain wrong. Unable to see their role in dispute,

tending to blame the other, dismissive of partner and very nit-picky, they also must have you look them in the eye when talking.

Thus, by learning the sensory types, you will be able to communicate much more effectively with those close to you. These are the energies of love. The book has many exercises and examples of how to address our close interactions.

Have fun with your energy! Next week's topic is Energies of Love: Hearing Between Lines.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.*

Doctor and Dietician

Soda Consumption And An Unhealthy Diet



by Ross Hauser, MD and Marion Hauser, MS, RD

Many of us as children were never allowed to drink soda with meals, let alone on a regular basis. We didn't have the extra money for something that was not a necessity. We were also accustomed to home cooked meals using fresh food. Drinking soda was a treat, for holidays and at special events like family picnics. We were only allowed soda a few times per year, rather than a few or many sodas throughout each day!

Over the years, the doctor and the dietitian have cautioned against soda consumption, both diet and regular.

There are many bad things about them. For example, cola consumption contributes to osteoporosis; excessive calorie intake from these sugary drinks can lead to diabetes, high lipids and obesity; dental cavities are higher in those who consume soda; and your body is required to process a lot of chemicals that are contained in both diet and regular soda. We recommend consuming water (for flavor, try adding lemon, lime or a splash of fruit juice), sparkling water (without artificial sugars or dyes), tea or coffee (preferably organic).

It is reported that young girls who drink soda have less healthy diets through adolescence than their peers who do not drink soda. Soda drinkers tend to drink far less milk and consume much more sugar. Adolescents already tend to lack an adequate amount of calcium in their diets, but soda drinkers consume even less. Unfortunately, drinking regular or diet soda can prevent people of all ages from maintaining a healthy diet.

Are you someone who is addicted to soda? If you are trying to get healthy, soda is probably the first thing that you need to eliminate from your diet.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

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From page 45

Connie Clancy

- Don't allow your own self-worth to be dependent on a controller. A controller has narcissistic behaviors and traits. It's not about your feelings, rather about his. Refrain from confiding how you really feel as it doesn't matter to him.
 - Set healthy boundaries. If the controller tries to tell you what to do, you can tell him you respect his input, however, you will make the decision yourself.
 - When you mindfully deal with control freaks, you can see through their manipulation. Just having this awareness of how they operate will help you decide how you choose to handle their inadequacy. It is unlikely they will change without professional help, yet you can change how you respond to them.
- Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.*

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Midsummer Melon Salsa

3 cups watermelon
(seedless if available), diced
½ cup bell pepper (green, or
your favorite color), diced
2 tablespoons lime juice,
freshly squeezed
1 tablespoon cilantro, chopped
1 tablespoon green onions, chopped
1 tablespoon jalapeño pepper,
finely chopped
Kosher salt and freshly ground
pepper to taste

Combine all ingredients. Cover and
refrigerate 1 hour to let all of the flavors
come together. Tip: This light summer-
style salsa is a great way to liven up
fresh Florida seafood. Use this salsa
recipe as a template to make any kind
of salsa; just replace the melon with
your favorite fruit or veggie.

Yield: Six servings.✱



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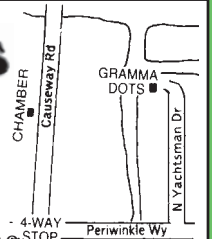


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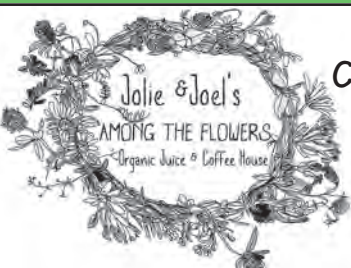
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Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-4775
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Hello, my name is Riley. I'm a 3-year-old neutered male blonde brindle pointer mix. My owner left me at the shelter because she was moving. I didn't think it was supposed to work that way, but I sure would like to find that forever home I keep hearing about. I'm 3 years old but very puppy-like. I'm high energy and need lots of exercise, however, with some patience and training, I can be the best dog ever!

My adoption fee is \$40 (regularly \$75) during Animal Services' There's No Place Like Home! adoption promotion. Hello, my name is Mitzy. I'm a 9-month-old spayed female black tabby domestic medium hair. I'm a beautiful, sophisticated girl who loves attention and I would love to shower you with mine. I get along with dogs, but would prefer to be your one and only kitty.

My adoption fee is \$40 (regularly \$50) during Animal Services' There's No Place Like Home! adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✽



Riley ID# 602056



Mitzy ID# 644824

PAWS Of Sanibel

Island Girl Is Back



Island Girl

Hi everybody! Remember me? I'm Island Girl... I used to live out on the causeway island closest to Sanibel. My foster mom set a trap and caught me on December 1, 2015. I stayed at the cat hospital for awhile, had surgery (so I won't have any more kittens) and had all my shots. The doctors say I'm 1 to 3 years old. I've been in my foster home for about five months now. I was quite frightened for a very long time and stayed inside a cat tree whenever anyone was around, but now I'm quite laid back and very happy. I don't really want to leave here and my mom loves me, but she can't keep all the kitties that she brings home or she would run out of room. I hear her telling everyone how sweet I am and that I'm also very, very smart.

I've just recently started to mingle a bit with the other kitties here. At first, I thought I needed to stalk and pounce on them to let them know how strong I am, but then my mom told me "no,"

so I stopped. I always do what she tells me to do. A nice lady at Gulf Coast Humane Society (GCHS) told my mom she could bring me there, but she really wants to try to find me a forever home so she can meet my people. She feels certain there is someone out there that will be "purrfect" for me, and she'll find them soon.

Please call Pam at PAWS of Sanibel at 472-4823 and give this wonderful kitty a forever home.✽

PAWS Of Sanibel

Simba



Simba

My name is Simba, and I'm a very affectionate boy with the one who will adore me. I'm a Lynx Point Siamese. I'm a neutered male approximately 8 years old, and I'm front declawed. I would probably prefer being the only animal in the house because I would like to get all your attention. If you have a place for me, call PAWS of Sanibel volunteer Larry at 395-2655.✽

PUZZLES

Answers on page 53

Super Crossword

SELF-CONTAINED
SYNONYMS

- ACROSS
- 1 Do another shoot of

7 "2001" co-star Keir

13 Deli hangers

20 Person de-wrinkling

21 Narcissist

22 Sea dog

23 It aptly contains the letters R-A-I-N ...

25 Dustin Hoffman film

26 Lab aide with a hump

27 ... O-P-E-N

29 ... M-U-T-E

37 "Failure is — option"

38 Apiary units

39 Understand, in London

41 "No need to wake me!"

45 Think up

47 — -Soviet relations

48 Slate wipers

51 ... T-A-I-N-T

55 ... U-G-L-Y

57 Like a sheep

58 Bring up, as a subject

59 AOL delivery

64 Deer cousin

65 ... F-I-C-T-I-O-N
- 70 Martial arts teacher

72 "... — horse to water ..."

74 Tristan's companion

75 ... E-A-R-L-Y

78 NYC airport

81 Posting with a hashtag

82 Satire

83 Watchable Web journals

85 ... M-A-L-E

89 ... R-U-I-N

96 Israel's Abba

98 Actress Rebecca De —

99 Puritanical

100 Lost control in a skid

103 "... or — story goes"

104 Furious with

108 ... R-A-U-C-O-U-S

111 ... N-O-B-L-E

115 Russian city on the Oka

116 Hotel bonus

117 What the 11 answers featured in this puzzle are called

126 Tough rivals

127 French card game
- 128 Sun-circling ring

129 Ones sawing wood

130 Despise

131 Like Kia cars
- DOWN
- 1 Tear

2 Slip or trip

3 Hostile force

4 Magazine for an exec

5 Necklace of flowers

6 "— Passes By" (A.A. Milne play)

7 Alternate route

8 Lorre's role in "Casa-blanca"

9 Auction set

10 Cicero's card count?

11 "— Beso (That Kiss!)"

12 With 90-Down, free

13 — voce (under one's breath)

14 "It's — cause"

15 Drug used to treat Parkinson's

16 Flabbergast

17 Face hider
- 18 "Why would —?"

19 Bygone British gun

24 "Can — now?"

28 French "a"

29 In vogue

30 Resort island near Venice

31 Cake baker

32 Sofa or pew

33 This, to Juan

34 Swiftiness

35 Wiesel who wrote "Night"

36 Clangor

40 Lip-puckering jawbreakers

42 Fulfilled

43 Hi-tech bookmark

44 —Ops

46 Post-punk genre

48 Morales of the screen

49 "Pan Am" star Christina

50 Terrified

52 "— seen worse"

53 None at all

54 Like kiddie-pool water, often

56 Partner of neither

58 Misbehaving
- 59 Seer's power

60 Body of eau

61 Meth- ending

62 Method ending

63 Arise quickly

65 Wray of film

66 AAA service

67 Land in l'Atlantique

68 Bardic work

69 After-tax

71 Novelist Calvino

73 See 77-Down

76 Writer Leon

77 With 73-Down, early portrayer of Tarzan

79 Procured

80 Farming-related: Abbr.

83 Poison from a snake

84 Addition total

85 Plan (out)

86 Tax Day mo.

87 — Lanka

88 Plebeian

89 Actress Delany

90 See 12-Down

91 Sci-fi empath Deanna

92 Engrossed by

93 Home to Honolulu

94 Science guy Bill's family

97 Prickly husk

100 Cardinal's cap abbr.

101 WWII ship sinkers

102 Revolving gun holder

105 Emerge

106 Library gizmo

107 Huge gulf

109 Modern: Prefix

110 Ticking thing

111 Brinker of kid-lit

112 Harbinger

113 Pixar title fish

114 Barely made, with "out"

118 Flying expert

119 Rebel Turner

120 College sr.'s test

121 Try to win

122 NHL great Bobby

123 Sushi eggs

124 Genetic stuff

125 — Antonio

1	2	3	4	5	6		7	8	9	10	11	12		13	14	15	16	17	18	19	
20							21							22							
23							24							25							
						26						27	28								
29	30	31	32	33					34	35	36		37								
38							39					40					41	42	43	44	
45						46				47					48	49	50				
51						52	53	54					55	56							
						57						58									
59	60	61	62	63		64				65							66	67	68	69	
70						71			72	73						74					
75						76	77						78	79	80		81				
				82								83				84					
85	86	87	88								89						90	91	92	93	94
95									96	97					98						
99								100					101	102			103				
				104	105	106	107			108					109	110					
111	112	113							114				115								
116									117	118	119	120					121	122	123	124	125
126									127								128				
129									130								131				

King Crossword

- ACROSS
- 1 Towel designation

4 Wildebeest

7 Oscar winner Patricia

11 Concept

13 A billion years

14 Gumbo need

15 Ripped

16 Kreskin's claim

17 Office part-timer

18 Does in

20 Opposite of "nope"

22 Commonest English word

24 Elvis' instrument

28 Annoys

32 Cutting tool

33 Jai --

34 Knock

36 Pleased

37 Fool

39 Roams

41 Followed relentlessly

43 Menagerie

44 Chew, as rodents do

46 Used a paper towel

50 Cincinnati's state
- 53 Pinch

55 Infamous Roman emperor

56 Aspiration

57 Genetic stuff

58 Kindly bloke

59 Disarray

60 Evergreen type

61 Decks in the ring
- 7 "Forget it!"

8 -- out a living

9 Upper limb

10 Once around the track

12 Cole Porter musical

19 That girl

21 Arctic bird

23 Blunder

25 Mosaic piece

26 Somewhere out there

27 Ball club from 50-Across

28 Musical combo

29 Hedgepodge

30 Piquancy

31 Witnessed
- 35 Peace (Sp.)

38 Japanese money

40 Present

42 Fine and --

45 Sommelier's suggestion

47 Cheat at hide-and-seek

48 Cubesmith

49 They get connected

50 Resistance unit

51 Weeding implement

52 Tape speed meas.

54 Dog's hand
- DOWN
- 1 Smacks

2 "American --"

3 Antitoxins

4 "Golly!"

5 Inquisitive

6 Open, in a way

MAGIC MAZE

ADDING IN OR
OUT PREFIX
MAKES A NEW
WORD

A E B Y V R O L I F C Z W T Q
N K I F C Z W U R P M J H E C
Z X U S G Q G N L J G E C Z X
V T R P N N N L J H D E D C A
Y W V T I R I P N L K R R I G
E C B O Z X T W W U S E A X C
R P G O M L T (B O U N D) W O J
I G E D B A U Y X R O L M B B
W U T S Y Q P P O O G E A N T
T N E I T A P L R E D I S W E
K J H G F D L S W O L F C B S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Board
Bound
Box
Come
- Doors
Fielder
Flows
Going
- Growing
Laws
Lay
Putting
- Set
Sider
Ward



"Good news, Floogle. I've decided to give you a _____ after all."

answer on page 52

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Avoid
VESTA

Guide
SECRET

Strong
SORTUB

Brief
SCONCIE

TODAY'S WORD

	1		9			7		
2					3			8
		5		2			4	
7					4	6		
		9	1					3
	6		7	3			5	
	2		8			1		
9				5				6
		4			9		2	

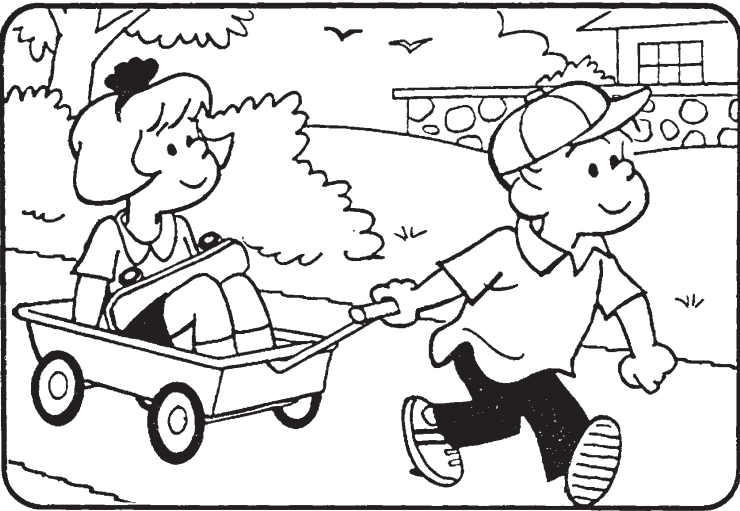
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

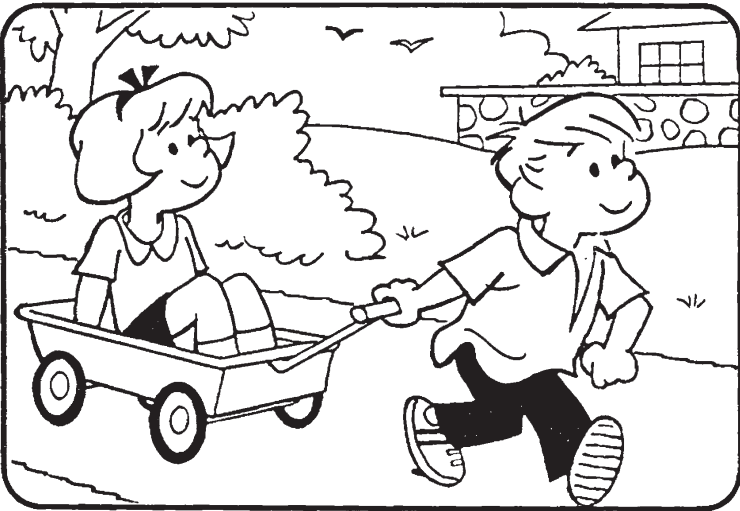
answer on page 53

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Bow is different. 2. Skateboard is missing. 3. Wall is shorter. 4. Cap is missing. 5. Neckline is different. 6. Arm is moved.

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LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with DVS, playing classic rock and dance. On Monday, it's Renata, playing funk, jazz and contemporary. On Tuesday and Wednesday, it's Sir Mitch, playing classic rock, R&B and dance. Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment Friday and Saturday with Joe McCormick and Marvilla Marzan. Dusk plays on Sunday. The "Jersey Kid" Mike Arnone performs on Monday. On Tuesday, it's Woody Brubaker. Woody Brubaker and Barbara Smith perform on Wednesday and Thursday.

Il Cielo has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

My Stars ★★★★★

FOR WEEK OF MAY 16, 2016

ARIES (March 21 to April 19) Home conditions still demand attention. Also, keep an open mind about a sudden question of trust involving a close friend. All the facts are not yet in.

TAURUS (April 20 to May 20) With summer just around the corner, travel begins to dominate your sign. Make plans carefully to avoid potential problems in the first half of June.

GEMINI (May 21 to June 20) A romantic Libra sets a challenge that your "sensible" side might question, but your idealistic self finds the prospect too intriguing to resist. The choice is yours.

CANCER (June 21 to July 22) Those tense times in your personal life are just about over. Concentrate on reaffirming relationships. Your love of travel opens a surprising new opportunity.

LEO (July 23 to August 22) The Big Cat usually loves to be in the center of things. But this week it might be wiser to watch and learn from the sidelines. A Pisces wants to make you purr.

VIRGO (August 23 to September 22) "New" is your watchword this week. Be open to new ideas, both on the job and in your personal life. A romantic Aries or Sagittarian beckons.

LIBRA (September 23 to October 22) Some difficult family decisions have to be faced, but be sure to get more facts before you act. Be careful not to neglect your health during this

trying time.

SCORPIO (October 23 to November 21) You still need to support a loved one through a difficult time. Meanwhile, things continue to work out to your benefit in the workplace.

SAGITTARIUS (November 22 to December 21) Aspects continue to favor expanding social opportunities. A Gemini reaches out to offer a chance for re-establishing a once-close relationship.

CAPRICORN (December 22 to January 19) There's a potential for misunderstanding in both your job and your personal life. A full explanation of your intentions helps smooth things over.

AQUARIUS (January 20 to February 18) You might be feeling restless on the job, but delay making any major moves until all the facts are in. A Scorpio has a surprising revelation.

PISCES (February 19 to March 20) Your business sense works to your advantage as you sort through the possibilities that are opening up. A Libra is Cupid's best bet for your romantic prospects.

THIS WEEK IN HISTORY

BORN THIS WEEK: You have a gift for being open-minded about people. This helps you make friends easily. You would do very well in public service.

• On May 24, 1883, after 14 years and 27 deaths during construction, the Brooklyn Bridge over the East River in New York is opened, connecting Manhattan and Brooklyn. It was the

largest suspension bridge ever built to that date.

• On May 26, 1897, the first copies of the classic vampire novel "Dracula," by Irish writer Bram Stoker, appear in London bookshops. Stoker published 17 novels in all, but it was "Dracula" that brought him literary fame.

• On May 23, 1900, Sgt. William Harvey Carney is awarded the Medal of Honor for his bravery on July 18, 1863, while fighting for the Union as a member of the 54th Massachusetts Colored Infantry. Carney was the first black soldier to receive the Medal of Honor.

• On May 29, 1932, at the height of the Great Depression, the so-called Bonus Expeditionary Force, a group of 1,000 unemployed World War I veterans seeking early cash payments for their bonus certificates, arrive in Washington, D.C., eventually reaching 20,000 strong. President Herbert Hoover ordered the army to forcibly evict them after the Senate voted down a bill to pay the bonus.

• On May 28, 1961, The London Observer publishes lawyer Peter Benenson's article "The Forgotten Prisoners" on its front page, launching the Appeal for Amnesty 1961. The movement would become the human-rights organization Amnesty International.

• On May 27, 1971, during the Vietnam War, Sweden reveals that it has been providing assistance to the Viet Cong, including some \$550,000 worth of medical supplies. The support was primarily humanitarian and included no military aid.

• On May 25, 1994, the ashes of 71-year-old George Swanson are

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MAGGIE BUTCHER

buried in the driver's seat of his 1984 Corvette in Pennsylvania. Swanson had bought 12 burial plots to ensure that his beloved white Corvette would fit in his grave with him.

STRANGE BUT TRUE

- It was 20th-century television, film and culture critic John Leonard who made the following sage observation: "In the cellars of the night, when the mind starts moving around old trunks of bad times, the pain of this and the shame of that, the memory of a small boldness is a hand to hold."
- You probably won't be surprised to learn that a group of hedgehogs is known as a prickle.
- In almost every state, there is a statute on the books making it illegal to jump off the top of an office building. Unsurprisingly, there's not much call to prosecute those who violate the law; district attorneys aren't in the habit of filing charges against corpses. However, in a few states, if you survive jumping off a building and are tried and convicted of violating that

- law, you could be sentenced to death.
- Those who study such things say that among social media users, those who use Twitter are less likely to smoke than users of other platforms.
 - Just as humans have distinctive fingerprints, dogs have nose prints -- no two are the same.
 - You doubtless know of Theodore Geisel -- better known as Dr. Seuss, the beloved author of such children's classics as "The Cat in the Hat," "Horton Hears a Who" and "Green Eggs and Ham," among many others. You might not realize, though, that his first book, "And to Think That I Saw It on Mulberry Street," was rejected by more than two dozen publishers before it finally made it into print.
 - Did you know that dogs appear in the Bible? Yep -- 41 times. No mention of cats, though.

THOUGHT FOR THE DAY

"What sculpture is to a block of marble, education is to a human soul."
-- Joseph Addison

NOW HERE'S A TIP

- "If you use storage bins for kids' toys, help them stay organized by labeling the bins with illustrations or even printed and laminated photos of the contents. It will make clean-up time a cinch, even for the little tykes who can't read yet!" -- D. in Michigan
- Bobby pins are easily manageable in a magnetic container meant for paper clips. They are inexpensive and can be found at big-box stores or at an office-supply store.
- Save and organize scrap yarn and embroidery threads on clothespins. Wind around and use the clip to hold the end in place. When you need some thread or yarn, you'll be able to find the end quickly to get what you need.
- "Kids love getting water from the refrigerator dispenser, but we use far too many cups. Now, everybody has his or her own cup for water only, and we attached magnets to the cups

- so they live on the side of the fridge. Get water, drink, replace cup. Easy!" -- A.L. in Alabama
- "Coil pipe cleaners around the outside of regular plastic hangers. They will keep tank tops and spaghetti straps from falling off the hanger.
 - Plastic wrap, parchment paper and foil can be stored easily in the same cabinet as pots and pans if you line them up in a magazine holder.

SCRAMBLERS

solution

1. Stave; 2. Escort;
3. Robust; 4. Concise

Today's Word
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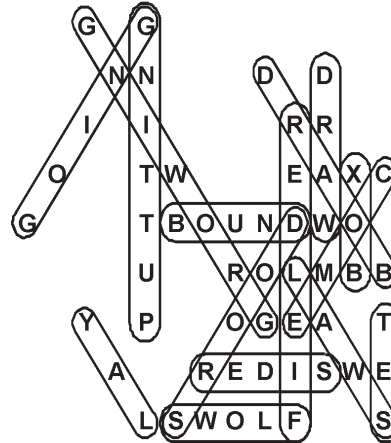
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Looking for a way to stay cool while making a difference to SWFL wildlife this Spring/Summer? The Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel is looking for the following INDOOR volunteer positions:
- Gift Shop/Visitor Education Center
- Laundry
- Transporting sick and injured wildlife to CROW from designated drop off points (your car)
Due to training, weekly shifts are required. Contact Liz Pearson at 239-472-3644 ext. #229 or email epearson@crowclinic.org. Find an application and more information on our website at www.crowclinic.org. Other volunteer positions also available.
*NS 5/13 NC 6/3

HELP WANTED

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USCG Captain to drive back bay fishing charters. Must have at least a 6-pack license to apply and need to be familiar with local waters and fishing. Fun place to work in the heart of the Ding Darling Refuge. Part time. Position available immediately. Please drop off or email resume and copy of license. 900 Tarpon Bay Rd. ecoerler@aol.com
*NS 5/20 CC 5/27

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*RS 5/13 PC 5/120

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FOR SALE

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LOST AND FOUND

ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse Beach by the big driftwood tree on 4/28/16 in the water. If anyone finds, please contact the Sanibel Police or call 864-704-5135.
*NS 5/13 NC TFN

To advertise in the *Island Sun*
Call 395-1213

Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31.

The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

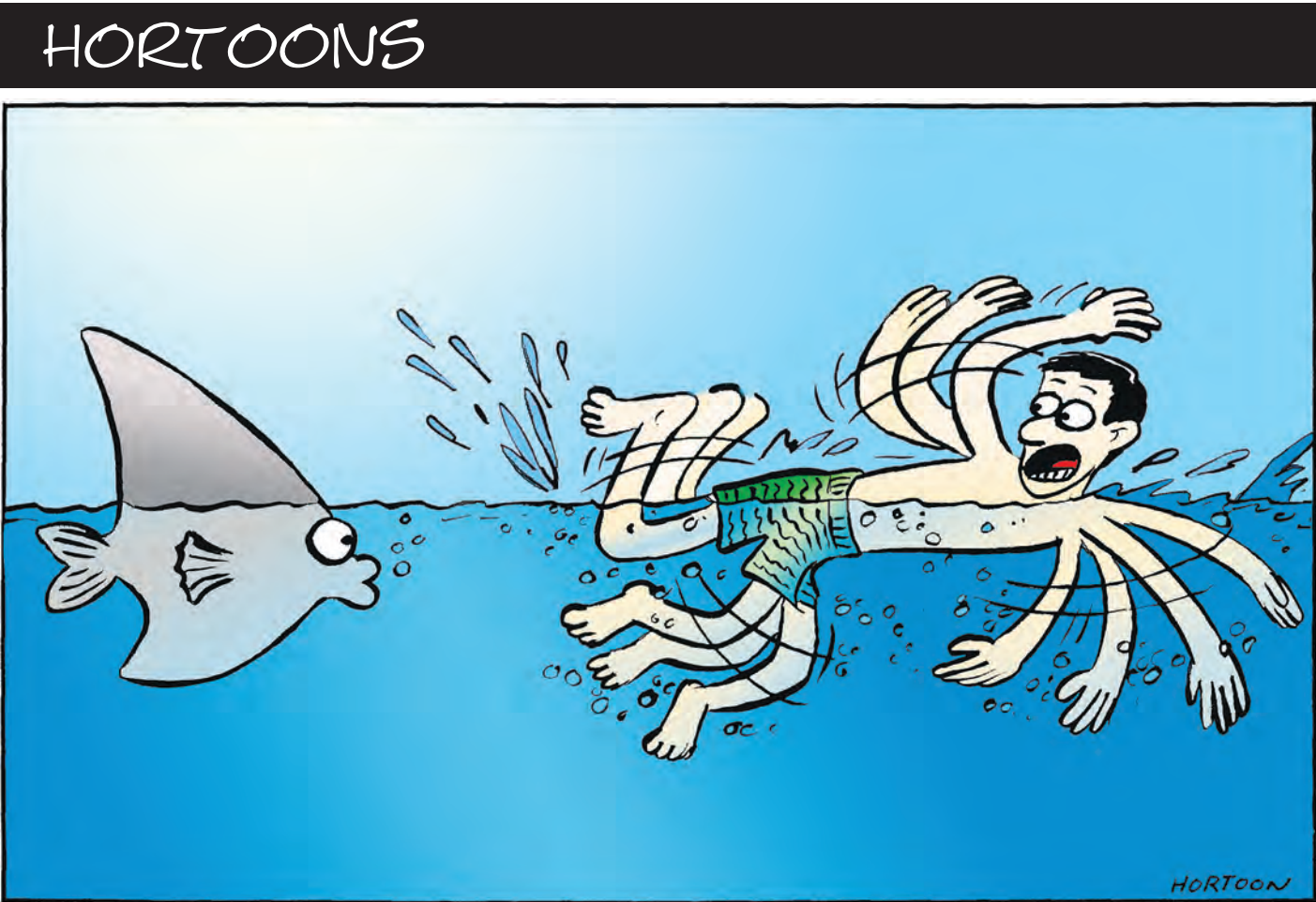
By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
 - Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
 - Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
 - Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
 - Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.
- Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).

An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement, 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the City's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.✱



Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	1997	6,488	\$4,100,000	\$3,600,000	308
Imperial Shores	Bonita Springs	2006	4,913	\$2,499,000	\$2,300,000	34
Tanglewood	Sanibel	1967	1,824	\$1,595,000	\$1,250,000	76
Creeside	Bonita Springs	2000	3,717	\$1,450,000	\$1,450,000	53
White Heron Subdivision	Sanibel	1995	2,540	\$1,395,000	\$1,200,000	13
Creeside	Bonita Springs	1993	4,157	\$1,249,000	\$1,050,000	463
Not Applicable	Fort Myers	2015	3,069	\$999,990	\$934,000	51
Sanibel Estates	Sanibel	2003	3,073	\$949,500	\$885,000	16
Cape Coral	Cape Coral	2001	2,970	\$834,900	\$832,000	5
Beachview Country Club Estates	Sanibel	1981	2,137	\$749,000	\$700,000	129

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